

Suggested Usage: As a dietary supplement, take one capsule daily, preferably with meals.

B-Complex is a blend of key B vitamins combined with other nutritional factors for enhanced synergism. This formula provides recommended potencies of the most important B vitamins.*

Contains no sugar, salt, yeast, wheat, gluten, soy, milk, egg, shellfish or preservatives.

Do NOT eat freshness packet. Keep in bottle.

Store in a cool, dry place.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Physician's Preference®

20214 Braidwood Dr., Ste. 160, Katy, TX 77450

www.physicianspreference.com

1 (800) 579-6545

Daily Essentials

B-Complex

Dietary Supplement

100 Capsules



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 Capsule Servings Per Container 100

Amount Per Serving	%Daily Value
Thiamine (from Thiamine HCl) (Vitamin B-1) 100 mg	6667%
Riboflavin (Vitamin B-2) 100 mg	5882%
Niacin (as Niacinamide) 100 mg	500%
Vitamin B-6 (from Pyridoxine HCl) 100 mg	5000%
Vitamin B-12 (as Cyanocobalamin) 100 mcg	1667%
Biotin 100 mcg	33%
Folic Acid 400 mcg	100%
Pantothenic Acid (from Calcium Pantothenate) 100 mg	1000%
Choline Bitartrate 100 mg	†
Inositol 100 mg	†
PABA 10 mg	†

†Daily Value not established

Other Ingredients: Gelatin (capsule), Magnesium Stearate (vegetable source) and Silica.