

Suggested Usage: As a dietary supplement, take 1 Vcap® daily, preferably on an empty stomach at bedtime.

VEGETARIAN FORMULA

Warning: If you are currently taking antidepressant medications, please consult a physician prior to use. May cause drowsiness.

Vcaps® is a registered trademark of Capsugel.



Daily Essentials

5-HTP

Natural Source 5-hydroxytryptophan • 100 mg

Dietary Supplement

120 Vcaps®



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 Vcap®

Servings Per Container 120

Amount Per Serving	%Daily Value
5-HTP (5-hydroxytryptophan) 100 mg (<i>Griffonia simplicifolia</i>)(seed)	+
+Daily Value not established	

Other Ingredients: Rice Flour & Cellulose (capsule).

Contains no sugar, salt, wheat, gluten, corn, soy, milk, egg, shellfish or preservatives.

++*Griffonia simplicifolia* is an African plant is extracted to produce 5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin.

Physician's Preference®

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