

Suggested Usage: As a dietary supplement, take 1 capsule daily, preferably on an empty stomach at bedtime.

Warning: If you are taking anti-depressant medications please consult a physician prior to use. May cause drowsiness.

Do not eat freshness packet.
Please discard.



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Amino Acid

5-HTP

Natural Source 5-hydroxytryptophan • 50 mg

Dietary Supplement

90 Capsules



PHYSICIAN'S PREFERENCE®

Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

Amount Per Serving	%Daily Value
5-HTP (5-Hydroxytryptophan) 50 mg (<i>Griffonia simplicifolia</i> ++) (seed)	+
+Daily Value not established	

Other Ingredients: Rice Flour and Gelatin (capsule).

Contains no sugar, salt, yeast, wheat, gluten, corn, soy milk, egg, shellfish or preservatives.

++ 5-HTP, the intermediate metabolite between the amino acid L-tryptophan and serotonin, is extracted from the bean of an African plant (*Griffonia simplicifolia*).

Manufactured for: **Physician's Preference®**
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