

ITEM #3800
B3801 09E



ACTUAL
SIZE



B-150™

Mega B-Complex

**Promotes
Energy Metabolism &
Nervous System Health***

Dietary Supplement

30 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	150 mg 10,000%
Riboflavin (Vitamin B-2)	150 mg 8,824%
Niacin (as Niacinamide)	150 mg 750%
Vitamin B-6 (as Pyridoxine Hydrochloride)	100 mg 5,000%
Folic Acid	400 mcg 100%
Vitamin B-12 (as Cyanocobalamin)	150 mcg 2,500%
Biotin (as d-Biotin)	150 mcg 50%
Pantothenic Acid (as d-Calcium Pantothenate)	150 mg 1,500%
Choline Bitartrate	150 mg **
PABA (Para-Aminobenzoic Acid)	150 mg **
Inositol	150 mg **
Proprietary Blend	7.5 mg **
(Aitalla (Medicago sativa) (leaf), Watercress (Nasturtium officinale) (aerial), Parsley (Petroselinum crispum) (aerial), Soy Lecithin, Rice Bran)	

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica,
Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Egg, No Grapefruit, No Fish, No Sugar,
No Starch, No Preservatives, No Artificial Color,
No Artificial Flavor, No Sodium.

Directions: For adults, take one (1) tablet
daily, preferably with a meal.

This Mega B-Complex is made up of
several high-potency B vitamins that
work well to support nervous system
health and energy metabolism.* Each
ingredient in this superior nutritional
blend performs a unique role in
promoting proper metabolic function,
the body's biochemical process that
helps maintain its normal functioning.*

WARNING: Not intended for pregnant or nursing
women. If you are taking any medications,
consult your doctor before use. Discontinue use
and consult your doctor if any adverse reactions
occur. Keep out of reach of children. Store in a
cool, dry place. Do not use if seal under cap is
broken or missing.

*These statements have not been evaluated by
the FDA. This product is not intended to
diagnose, treat, cure or prevent any disease.

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