

ITEM #3631
B3631 10H



Standardized GLA

Evening Primrose Oil

500 mg
45 mg GLA (9%)

Helps Promote Women's Health*

Dietary Supplement

**50 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	5	
Calories from Fat	5	
Total Fat	0.5 g	1%**
Evening Primrose Oil (seed)	500 mg	***
Cis-Linoleic Acid (LA) 365 mg		***
Gamma-Linolenic Acid (GLA) 45 mg		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin.

No Gluten, No Yeast, No Wheat, No Milk
or Milk Derivatives, No Lactose, No Soy,
No Egg, No Corn, No Grapefruit, No Fish,
No Sugar, No Sweetener, No Starch,
No Preservatives, No Artificial Color,
No Artificial Flavor, No Sodium.

***These statements have not been evaluated by the
FDA. This product is not intended to diagnose,
treat, cure or prevent any disease.**

Directions: For adults, take one (1) softgel three to six times daily, preferably with meals.

For centuries, women of all ages have depended on the reliability of Evening Primrose Oil. EPO contains one of the richest sources of Gamma-Linolenic Acid (GLA-45 mg per serving), a fatty acid not commonly found in food.* Popular with women of all ages, EPO helps provide nutritional support for women with PMS.* Good 'N Natural EPO is the best product of its kind on the market. The EPO used for Good 'N Natural is 100% natural, cold pressed and is void of Hexane and all other solvent residue. Good 'N Natural EPO assures quality, reliability, and purity.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

100% PURE-SOLVENT FREE

The consistency of potency is guaranteed by assay.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
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ACTUAL SIZE