

ITEM #4237
B4230 10H



ACTUAL SIZE



High Potency Calcium Supplement

Calcium 600

Plus Vitamin D
USP

Promotes Bone Health*

100 TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 50

Amount Per Serving		%Daily Value
Vitamin D (as Cholecalciferol)	250 IU	63%
Calcium (as Calcium Carbonate)	1,200 mg (1.2 g)	120%
Sodium	10 mg	<1%

Other Ingredients: Vegetable Cellulose,
Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg,
No Grapefruit, No Fish, No Sweetener,
No Sugar, No Preservatives,
No Artificial Color, No Artificial Flavor.

*These statements have not been evaluated by
the FDA. This product is not intended to
diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing or taking any medications,
consult your doctor before use. Discontinue use and consult your doctor
if any adverse reactions occur. Keep out of reach of children. Store in a
cool, dry place. Do not use if seal under cap is broken or missing.

Directions: For adults, take one (1) or two
(2) tablets daily, preferably with meals.

Calcium is the primary mineral
responsible for strong bones.* The
body also uses Calcium for proper
muscle contraction and nerve
function.* Vitamin D assists in
maintaining a healthy immune system.*
Because the body cannot produce
Calcium, a balanced diet, regular
exercise, healthy lifestyle choices and
adequate intake of Calcium and Vitamin
D can play a role in maintaining bone
health.*

Just two tablets of Calcium 600 plus
Vitamin D give you the support of 120%
of the Daily Value for Calcium. We
include Vitamin D to aid the absorption
of this essential mineral.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
800-544-0095 www.GOODNNATURAL.com © 2008 Good 'N Natural®