

ITEM #6250  
B19115 101



ACTUAL  
SIZE



**Timed Release**

# ULTRA WOMAN™

## HIGH POTENCY

Vitamin, Mineral, Herb Formula for Women

**Supports Immune System Health\***  
**Supports Bone Health\***  
**Supports Energy Metabolism\***

**CERTIFIED**  
**100% NATURAL**  
**d-ALPHA**

**E Dietary Supplement**

**90 TABLETS**



### Supplement Facts

Serving Size 2 Tablets  
Servings Per Container 45

| Amount Per Serving                             |          | %Daily Value |
|------------------------------------------------|----------|--------------|
| Vitamin A (as Beta-Carotene)                   | 5,000 IU | 100%         |
| Vitamin C (as Ascorbic Acid)                   | 200 mg   | 333%         |
| Vitamin D (as D3 Cholecalciferol)              | 600 IU   | 150%         |
| Vitamin E (as d-Alpha Tocopheryl Acetate)      | 100 IU   | 333%         |
| Vitamin K (as Phytonadione)                    | 150 mcg  | 188%         |
| Thiamin (Vitamin B-1) (as Thiamin Mononitrate) | 80 mg    | 5,333%       |
| Riboflavin (Vitamin B-2)                       | 80 mg    | 4,706%       |
| Niacin (as Niacinamide)                        | 80 mg    | 400%         |
| Vitamin B-6 (as Pyridoxine Hydrochloride)      | 80 mg    | 4,000%       |
| Folic Acid                                     | 400 mcg  | 100%         |
| Vitamin B-12 (as Cyanocobalamin)               | 80 mcg   | 1,333%       |
| Biotin (as d-Biotin)                           | 500 mcg  | 167%         |
| Pantothenic Acid (as d-Calcium Pantothenate)   | 80 mg    | 800%         |
| Calcium (as Calcium Carbonate)                 | 500 mg   | 50%          |
| Iron (as Ferrous Fumarate)                     | 18 mg    | 100%         |
| Iodine (as Potassium Iodide)                   | 150 mcg  | 100%         |
| Magnesium (as Magnesium Oxide)                 | 250 mg   | 63%          |
| Zinc (as Zinc Oxide)                           | 15 mg    | 100%         |
| Selenium (as Sodium Selenate)                  | 200 mcg  | 286%         |
| Copper (as Cupric Oxide)                       | 2 mg     | 100%         |
| Manganese (as Manganese Gluconate)             | 2 mg     | 100%         |

**Other Ingredients:** Vegetable Cellulose. **Contains <2% of:** Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk, soy and fish (sardine, anchovy, menhaden) ingredients.

**No Gluten, No Yeast, No Wheat, No Egg, No Grapefruit, No Sugar, No Shellfish, No Artificial Color.**

Pycnogenol is a registered trademark of Horphag Research Management S.A.; Horphag Research (Luxembourg) Holding S.A. is the owner of US pat. 5,720,956; Horphag Research IP (PVC) LTD is the owner of US pat. 6,372,266.

Specially formulated to provide a gradual release of vitamins and minerals over a prolonged period of time for maximum nutritional benefit.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

| Amount Per Serving                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | %Daily Value |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|
| Chromium (as Chromium Picolinate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 200 mcg 167% |
| Molybdenum (as Sodium Molybdate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                | 75 mcg 100%  |
| Potassium (as Potassium Chloride)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 10 mg <1%    |
| Hesperidin Complex                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | 5 mg **      |
| Alpha Lipoic Acid                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 25 mg **     |
| Vanadium (as Sodium Metavanadate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               | 10 mcg **    |
| Ultra Woman™ Proprietary Skin, Hair, Nail Blend<br>Collagen (Hydrolyzed Gelatin), Choline Bitartrate, Inositol, Silica (as Silicon Dioxide)                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 100 mg **    |
| Ultra Woman™ Bone Blend<br>Soy Isoflavones, Fish Oil Concentrate, Ipriiflavone, Boron (as Sodium Borate)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        | 95 mg **     |
| Ultra Woman™ Energy Blend<br>Green Tea Extract (Camellia sinensis) (leaf), Korean Ginseng (Panax ginseng) (root), Spirulina                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | 100 mg **    |
| Ultra Woman™ Antioxidant Cardio Blend<br>Citrus Bioflavonoids (Citrus limon) (fruit), Garlic (Allium sativum) (bulb), Black Currant (Ribes nigrum) (fruit), Bilberry (Vaccinium myrtillus) (fruit), Elderberry (Sambucus nigra) (fruit), Grape Seed Extract (Vitis vinifera), Brussels Sprouts Extract, Kale Extract, Cauliflower Extract, Celery Seed Extract (Apium graveolens), Carrot Extract, Broccoli Extract, Cabbage Extract, Astaxanthin Complex, Zeaxanthin, Super Oxide Dismutase, Lutein, Coenzyme Q-10, Pycnogenol® (Pinus pinaster) (French Maritime Pine Bark Extract), Lycopene | 190 mg **    |
| Ultra Woman™ Herbal Blend<br>Ginkgo Biloba (Ginkgo biloba) (leaf), Barley Grass (Hordeum vulgare) (aerial), Chamomile (Matricaria recutita) (aerial), Cranberry (Vaccinium macrocarpon) (fruit), Vitex Chasteberry (Vitex agnus-castus) (fruit), Red Raspberry (Rubus idaeus) (leaf), Red Clover (Trifolium pratense) (flower), Dong Quai Extract (Angelica sinensis) (root), Wild Yam Extract (Dioscorea villosa) (root)                                                                                                                                                                       | 100 mg **    |

\*\*Daily Value not established.

**Directions:** For adults, take two (2) tablets daily, with a meal.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Manufactured by **Good 'N Natural Manufacturing Corp., Ronkonkoma, NY 11779 USA**  
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