



Nutri-PackTM For Women

 **amni[®] original formula**
A Dietary Supplement



**Douglas
Laboratories[®]**

30 Packs

Supplement Facts

Serving Size 1 pack (4 tablets, 2 softgels, 2 capsules per pack) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Calories	15	Copper (as copper amino acid chelate**)	1 mg 50%
Calories from Fat	15	Manganese	10 mg 500%
Total Fat	1.5 g 2%†	(as manganese amino acid chelate**)	
Vitamin A (from fish liver oil and 60% [7,500 IU] as natural beta-carotene from D. salina)	12,500 IU 250%	Chromium	100 mcg 83%
Vitamin C (as calcium ascorbate, magnesium/potassium aspartate-ascorbate complex, and L-ascorbic acid)	725 mg 1,208%	(as chromium polynicotinate***)	
Vitamin D3 (from fish liver oil)	100 IU 25%	Molybdenum	75 mcg 100%
Vitamin E (as d-alpha tocopheryl succinate and d-alpha tocopherol)	230 IU 767%	(as molybdenum amino acid chelate**)	
Vitamin K1 (as phytonadione)	30 mcg 38%	Potassium	50 mg 1%
Thiamine (as thiamine mononitrate)	50 mg 3,333%	(as potassium aspartate-ascorbate complex)	
Riboflavin	25 mg 1,471%	Sodium (from sodium alginate)	5 mg <1%
Niacin (as niacinamide and niacin)	110 mg 550%	Choline (as choline bitartrate)	75 mg *
Vitamin B6 (as pyridoxine hydrochloride)	50 mg 2,500%	Inositol	25 mg *
Folic acid	400 mcg 100%	Vanadium (as vanadyl sulfate)	19.5 mcg *
Vitamin B12 (as cyanocobalamin on ion exchange resin)	50 mcg 833%	Boron (as boron aspartate-citrate)	1 mg *
Biotin	150 mcg 50%	para-Aminobenzoic acid	25 mg *
Pantothenic acid (as d-calcium pantothenate)	200 mg 2,000%	Citrus bioflavonoids	50 mg *
Calcium (as calcium citrate and calcium ascorbate)	500 mg 50%	Omega-3 fatty acids	300 mg *
Iodine (from kelp)	75 mcg 50%	Eicosapentaenoic acid (EPA)	180 mg *
Magnesium (as magnesium aspartate-ascorbate complex and magnesium amino acid chelate**)	250 mg 63%	Docosahexaenoic acid (DHA)	120 mg *
Zinc (as zinc amino acid chelate** and zinc gluconate)	12 mg 80%	Omega-6 fatty acids	168 mg *
Selenium (as selenium amino acid complex)	100 mcg 143%	Gamma linolenic acid (GLA)	42 mg *
		Omega-9 fatty acids	133 mg *
		Oleic acid	133 mg *
		Proprietary blend	1.0 g *
		Glucosannan	
		Carrot Root	
		Celery Stalk and Leaves	
		Citrus Pectin	
		Apple Pectin	
		Sodium Alginate	
		Slippery Elm Bark	

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Fish body oil, borage seed oil, olive oil, gelatin (capsule), cellulose, modified cellulose gum, L-glutamic acid, methylcellulose, vegetable stearine, magnesium stearate, natural glycerin, beeswax, water, silica, titanium dioxide, gum ghatti, natural tangerine flavor, canthaxanthin (carotene color) and carob coloring.

Manufactured in the USA by:

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www.douglaslabs.com

**U.S. Patent Number 4,599,152 Albion Laboratories

***ChromeMate[®] brand. U.S. Patent Number 4,923,855 InterHealth Co.

Suggested Usage:

As a dietary supplement, adults take 1 pack twice daily with meals or as directed by your healthcare professional.

Each pack contains three pink Basic Preventive 5[®] tablets, two brown Balance PlusTM natural fatty acid softgel capsules, two beige Fiber-PlexTM capsules, and one white CalcigardTM 250 Plus Vitamin D tablet.

WARNING: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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