

ITEM #6252
B19115 08H



ACTUAL
SIZE



Timed Release

ULTRA WOMAN[™] HIGH POTENCY

**Vitamin, Mineral, Herb
Formula for Women**

Promotes Immune System Health*

Promotes Bone Health*

Promotes Energy Metabolism*



Dietary Supplement

180 TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 90

Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin D (as Cholecalciferol)	600 IU	150%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Vitamin K (as Phytonadione)	150 mcg	188%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	80 mg	5,333%
Riboflavin (Vitamin B-2)	80 mg	4,706%
Niacin (as Niacinamide)	80 mg	400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	80 mg	4,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	80 mcg	1,333%
Biotin (as d-Biotin)	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg	800%
Calcium (as Calcium Carbonate)	500 mg	50%
Iron (as Ferrous Fumarate)	18 mg	100%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	250 mg	63%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Potassium (as Potassium Chloride)	10 mg	<1%

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** Vanillin, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains milk, soy and fish (sardine, anchovy, menhaden) ingredients.

No Gluten, No Yeast, No Wheat, No Egg, No Grapefruit, No Sugar, No Shellfish, No Artificial Color.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

Pycnogenol[®] is a registered trademark of Horphag Research Ltd. Use of this product is protected by one or more of U.S. Patents #5,720,956 / #6,372,266 and other international patents.

Amount Per Serving		%Daily Value
Hesperidin Complex	5 mg	**
Alpha Lipoic Acid	25 mg	**
Vanadium (as Sodium Metavanadate)	10 mcg	**
Ultra Woman [™] Proprietary Skin, Hair, Nail Blend	100 mg	**
Collagen (Hydrolyzed Gelatin), Choline Bitartrate, Inositol, Silica (as Silicon Dioxide)		
Ultra Woman [™] Bone Blend	100 mg	**
Soy Isoflavones, Boron (as Sodium Borate), Fish Oil Concentrate, Ipriflavone		
Ultra Woman [™] Energy Blend	100 mg	**
Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Korean Ginseng (<i>Panax ginseng</i>) (root), Spirulina		
Ultra Woman [™] Antioxidant Cardio Blend	100 mg	**
Citrus Bioflavonoids (<i>Citrus limon</i>) (fruit), Garlic (<i>Allium sativum</i>) (bulb), Black Currant (<i>Ribes nigrum</i>) (fruit), Bilberry (<i>Vaccinium myrtillus</i>) (fruit), Elderberry (<i>Sambucus nigra</i>) (fruit), Grape Seed Extract (<i>Vitis vinifera</i>), Brussels Sprouts Extract, Astaxanthin Complex, Kale Extract, Cauliflower Extract, Lutein, Celery Seed Extract (<i>Apium graveolens</i>), Carrot Extract, Broccoli Extract, Cabbage Extract, Zeaxanthin, Super Oxide Dismutase, Lycopene, Coenzyme Q-10, Pycnogenol [®] (<i>Pinus pinaster</i>) (Maritime Pine Bark Extract)		
Ultra Woman [™] Herbal Blend	100 mg	**
Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Barley Grass (<i>Hordeum vulgare</i>) (aerial), Chamomile (<i>Matricaria recutita</i>) (aerial), Cranberry (<i>Vaccinium macrocarpon</i>) (fruit), Vitex Chasteberry (<i>Vitex agnus-castus</i>) (fruit), Red Raspberry (<i>Rubus idaeus</i>) (leaf), Red Clover (<i>Trifolium pratense</i>) (flower), Dong Quai Extract (<i>Angelica sinensis</i>) (root), Wild Yam Extract (<i>Dioscorea villosa</i>) (root)		

**Daily Value not established.

Directions: For adults, take two (2) tablets daily, preferably with a meal.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Store at room temperature. Do not use if seal under cap is broken or missing.

Specially formulated to provide a gradual release of vitamins and minerals over a prolonged period of time for maximum nutritional benefit.

Manufactured by Good 'N Natural[®], Bohemia, NY 11716 USA

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