

ITEM #6420
B6420 07J



Organic

Flaxseed Oil

**Promotes
Cardiovascular Health***

**100% Solvent Free
Cold-Pressed**



Dietary Supplement

16 FL. OZ. (473 mL)



Supplement Facts

Serving Size 1 Tablespoon (15 mL)

Servings Per Container about 31

Amount Per Serving	%Daily Value	
Calories	120	
Calories from Fat	120	
Total Fat	14 g	21%**
Saturated Fat	1.5 g	7%**
Polyunsaturated Fat	10 g	***
Monounsaturated Fat	3 g	***
Organic Flaxseed Oil	13,950 mg (13.95 g)	***
which typically contains:		
Alpha-Linolenic Acid	6,975 mg	***
Linoleic Acid	1,687 mg	***
Oleic Acid	1,953 mg	***
Other Fatty Acids	1,004 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Ingredient: Organic Flaxseed Oil.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: SHAKE WELL. For adults, take one (1) tablespoon (15 mL) daily, with a meal.

Organic flaxseed oil is one of the premium sources of Alpha Linolenic Acid (Omega-3) and Linoleic Acid (Omega-6) found in nature -- two essential fatty acids that contribute to cardiovascular health.* They are also an energy source for the body.* Our formula is filled under a nitrogen blanket to safeguard it from oxygen exposure. Through a unique cold processing method, the flaxseeds are pressed at very cold temperatures, processed without solvents and hexane-free. The dark container minimizes light exposure to maintain freshness, efficacy and potency. Our careful attention to the manufacturing process ensures you are getting the highest quality organic flaxseed oil in a convenient-to-use liquid form.

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WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Refrigerate after opening. Do not use if outer seal is broken or missing.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
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