

Sundown
Naturals®

IRON FREE

Daily Multiple 50+

90 CAPLETS VITAMIN SUPPLEMENT

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	Amount Per Serving	%Daily Value
Vitamin A 6,000 IU 120% (50% (3,000 IU) as Beta-Carotene and Retinyl Acetate)		Copper (as Cupric Oxide) 2 mg 100%	
Vitamin C (as Ascorbic Acid) 120 mg 200%		Manganese (as Manganese Sulfate) 4 mg 200%	
Vitamin D (as Cholecalciferol) 400 IU 100%		Chromium (as Chromium Chloride) 180 mcg 150%	
Vitamin E (as dl-Alpha Tocopheryl Acetate) 60 IU 200%		Molybdenum (as Sodium Molybdate) 112.5 mcg 150%	
Thiamin (as Thiamin Mononitrate) 1.5 mg 100%		Chloride (as Potassium Chloride) 75 mg 2%	
Riboflavin (as Vitamin B-2) 1.7 mg 100%		Sodium 10 mg <1%	
Niacin (as Niacinamide) 20 mg 100%		Potassium (as Potassium Chloride) 80 mg 2%	
Vitamin B-6 (as Pyridoxine Hydrochloride) 3 mg 150%			
Folic Acid 400 mcg 100%		Citrus Bioflavonoids (Citrus sinensis) (fruit) 25 mg *	
Vitamin B-12 (as Cyanocobalamin) 30 mcg 500%		Bilberry Extract 4:1 (Vaccinium myrtillus) (fruit) 10 mg *	
Biotin (as d-Biotin) 30 mcg 10%		Blueberry (Vaccinium corymbosum) (fruit) 10 mg *	
Pantothenic Acid (as d-Calcium Pantothenate) 15 mg 150%		European Elder (Sambucus nigra) (fruit) 10 mg *	
Calcium 200 mg 20% (as Calcium Carbonate and Dicalcium Phosphate)		Silica (as Silicon Dioxide) 2 mg *	
Phosphorus (as Dicalcium Phosphate) 48 mg 5%		Lycopene 350 mcg *	
Iodine (as Potassium Iodide) 150 mcg 100%		Lutein 300 mcg *	
Magnesium (as Magnesium Oxide) 100 mg 25%		Boron 225 mcg *	
Zinc (as Zinc Oxide) 22.5 mg 150%		Tin (as Stannous Chloride) 15 mcg *	
Selenium (as Sodium Selenate) 105 mcg 150%		Vanadium (as Sodium Metavanadate) 15 mcg *	
		Nickel (as Nickel Sulfate) 7.5 mcg *	

*Daily Value not established.

Other Ingredients: Vegetable Cellulose. Contains <2% of: Titanium Dioxide Color, Vegetable Magnesium Stearate.

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPLET DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

No Artificial Flavor or Sweetener, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
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