

ITEM #5578
B67808 02D



PURE L-GLUTAMINE POWDER

- Fuel for Your Workouts*
- No Fillers or Binders

**Dietary
Supplement**
Net Wt. 1.1 lb.
(17.64 oz.) (500 g)

Supplement Facts

Serving Size 1 Heaping Teaspoon (4.5 g)
Servings Per Container about 111

Amount Per Serving	%Daily Value
Calories	20
L-Glutamine	4,500 mg (4.5 g) **

**Daily Value not established.

No Gluten, **No** Yeast, **No** Wheat,
No Milk or Milk Derivatives, **No** Lactose,
No Soy, **No** Egg, **No** Grapefruit, **No** Fish,
No Sweetener, **No** Sugar, **No** Starch,
No Preservatives, **No** Artificial Color,
No Artificial Flavor, **No** Sodium.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Directions: For adults, mix one (1) heaping teaspoon (4.5 g) into 4-8 ounces of water or your favorite beverage one to two times daily. Consume one serving one hour before a workout.

Pure L-Glutamine Powder

- Glutamine is a crucial component of muscle cells.
- Glutamine may promote replenishment of muscle glycogen stores after exercise when combined with carbohydrates.*
- Intense exercise promotes Glutamine formation and release from muscle.*
- Supports protein metabolism.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

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