

ITEM #7390
B7390 04D



ACTUAL
SIZE



Potassium Magnesium Aspartate

Once Daily Formula

Dietary Supplement

90 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Magnesium	50 mg	13%
(from 250 mg of Magnesium Aspartate)		
Potassium	50 mg	1%
(from 217 mg of Potassium Aspartate)		

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate, Food Glaze, Silica, Vegetable Stearic Acid, Vegetable Magnesium Stearate, Titanium Dioxide Color.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Fish, No Sweetener, No Sugar, No Artificial Flavor, No Sodium.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Magnesium plays an essential role in maintaining proper bone mineralization.* Magnesium is also involved in muscle contractions and nerve impulses.*

Potassium is essential for muscle activity and nerve transmission.* It aids in mineral balance of the blood and works with sodium to regulate the body's water balance.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
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