

Peel Here
for more information

Warning: Persons with a known allergy to shellfish should not use this product.

Contains shellfish (crust, shrimp, lobster, crayfish) derivative. Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

Manufactured by NRG, P.O. Box 2203, Sparks, NV 89431
Made in the U.S.A. www.protocolforlife.com

Other ingredients: Gelatin (capsule) and Magnesium Stearate (vegetable source).

*Percent Daily Values are based on a diet of 2,000 calories per day. †Daily Value not established.

Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Carbohydrate	2 g	< 1%*
Sodium	110 mg	4%
Potassium (from Potassium Chloride)	245 mg	6%
Glucosamine Sulfate (from 1500 mg Glucosamine Polysulfate Complex)†	1.1 g (1,100 mg)	
Chondroitin Sulfate (from Bovine Cartilage)†	1.2 g (1,200 mg)	
MSM (Methylsulphonylmethane)	300 mg	

PROTOCOL
FOR LIFE BALANCE™

Glucosamine & Chondroitin with MSM

Supports Healthy Joint Function*

10% of profits donated for health research

90 Capsules
A Dietary Supplement



SUGGESTED USAGE: As a dietary supplement, take 3 capsules daily.

Protocol For Life Balance™: Glucosamine & Chondroitin with MSM combines three of the most researched and effective nutrients for supporting joint health in one dietary supplement. Our Glucosamine and Chondroitin are both 100% sulfate-sourced. Our Glucosamine is sourced from the shells of marine crustaceans, the most natural (freshly-shelled) source of glucosamine available. Our MSM (methylsulphonylmethane), an organic form of sulfur found in all living organisms. Studies have shown that these nutrients provide dietary components that support healthy joint structure and function.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

NRG developed the glucosamine and chondroitin test methods chosen as the AOAC industry assay standard methods.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.



CODE P3170 [V2]

Protocol For Life Balance™ Glucosamine & Chondroitin with MSM combines the most effective nutrients known for their action in supporting healthy joint and connective tissue.*

Glucosamine is an amino monosaccharide produced by chondrocyte cells (the cells found in cartilage that are responsible for the synthesis, maintenance and regeneration of cartilage) and used to make glycosaminoglycans (GAGs) and proteoglycans. GAGs and proteoglycans are the structural molecules that make up the connective tissues of the skin, tendons, ligaments, and joints.* Glucosamine supplementation helps to provide the building blocks of these structural molecules, thereby supporting the maintenance of healthy joint tissues.*

Chondroitin sulfate is another very important, naturally occurring constituent of cartilage tissue. Chondroitin sulfate has been shown to work along with glucosamine to encourage healthy cartilage production.*

MSM (methylsulfonylmethane) is an organic form of the mineral sulfur, found naturally in plants. Sulfur, provided by MSM, is widely recognized in promoting healthy skin, joints, hair, nail and nails.* Glucosamine & Chondroitin with MSM can help to support healthy joint and connective tissue.*

Cautions and Interactions

Persons with known allergies to shellfish should not take this product. The only side effects reported with chondroitin sulfate usage appear to be mild gastrointestinal incidents. Similar adverse reactions have been reported with glucosamine and MSM, yet both of these compounds also are often suggested as supporting GI tract health and function.* It was thought that glucosamine might adversely affect insulin sensitivity, but clinical trials have disproven this.

The use of MSM can lead to the occurrence of an abnormal resonance in the *in vivo* brain proton MR spectrum as well as in an *in vitro* cerebrospinal fluid NMR study; hence should be revealed prior to undergoing these or related diagnostic tests.

Guaranteed Quality

This is an FDA-registered dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Arginine® anti-oxidant packet to enhance protection during storage.