

DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPLET TWO OR THREE TIMES DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Caplet

Amount Per Serving	%Daily Value	
Calcium (from Oyster Shell)	500 mg	50%

Other Ingredients: Cellulose (Plant Origin), Croscarmellose, Cellulose Coating, Vegetable Magnesium Stearate.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Questions? Call toll free 1-888-VITAHELP (848-2435)
or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

Sundown
Naturals

Calcium

500 MG Natural
Oyster Shell

Promotes Bone Health*

120 CAPLETS

MINERAL SUPPLEMENT

Smart Facts

Calcium is one of the most important minerals in the body. Calcium provides the building blocks for strong bones and teeth, and plays a role in proper muscle contraction and nerve function.* Because the body cannot produce Calcium, a balanced nutritional intake, regular exercise, healthy lifestyle choices and adequate intake of Calcium and Vitamin D can play a role in maintaining optimal bone health.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN.
STORE IN A DRY PLACE AND AVOID
EXCESSIVE HEAT. TAMPER
RESISTANT: DO NOT USE IF SEAL
UNDER CAP IS BROKEN OR MISSING.



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