

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Vitamin E (as dl-Alpha Tocopheryl Acetate)	5 IU	17%
Niacin (as Niacinamide)	16 mg	80%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	92 mg	920%
Calcium (as Dicalcium Phosphate and d-Calcium Pantothenate)	100 mg	10%
Iron (as Ferrous Fumarate)	1 mg	6%
Iodine (as Potassium Iodide)	150 mcg	100%
Zinc (as Zinc Gluconate)	15 mg	100%
Manganese (as Manganese Gluconate)	10 mg	500%
Choline (as Choline Bitartrate)	120 mg	**
Silica (as Silicon Dioxide)	26 mg	**

**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Hydrogenated Soybean and Cottonseed Oils, Food Glaze, Croscarmellose, Cellulose Coating, Vegetable Magnesium Stearate, Titanium Dioxide Color, Riboflavin Color, FD&C Yellow No. 6 Lake.

Contains wheat ingredients.

Sundown
Naturals

New Life Hair

with Silica

**Vitamin and Mineral
Formula for the Hair**

50 TABLETS VITAMIN SUPPLEMENT

**Smart
Facts**

Sundown's New Life Hair formula helps maintain healthy hair.* It contains Folic Acid and other B Vitamins that are important for healthy looking hair.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. **KEEP THIS PRODUCT OUT OF REACH OF CHILDREN.** In case of accidental overdose, call a doctor or Poison Control Center immediately.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHHELP (848-2435) or visit us at www.sundownnaturals.com



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