

Directions: For adults, mix one (1) scoop (9 g) with 8 ounces of juice or water one to two times daily.

No Yeast, No Egg, No Fish, No Preservatives, No Artificial Flavor.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Avoid this product if you are allergic to sunflowers, ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store unopened container at room temperature. Refrigerate after opening. Do not use if seal under cap is broken or missing.

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ITEM #5225 B50350 08G



GOOD 'N NATURAL®

GOOD 'N GREENS Powder

with
Advanced Probiotics
Nutrient-Rich Superfood

Antioxidant Formula - 4,914 ORAC Value per serving (546 µmoleTE/g)

Dietary Supplement Net Wt. 9.62 oz. (273 g)

Supplement Facts

Serving Size 1 Scoop (9 g)
Servings Per Container about 30

Amount Per Serving		%Daily Value
Calories	30	
Total Carbohydrate	6 g	2%*
Dietary Fiber	<1 g	3%*
Sugar	<1 g	**
Protein	2 g	3%*
Vitamin A (as Beta-Carotene)	2,615 IU	52%
Vitamin C (as Ascorbic Acid)	10 mg	17%
Vitamin D (as Ergocalciferol)	400 IU	100%
Calcium (as Calcium Carbonate)	30 mg	3%
Iron (as Ferrous Sulfate)	3 mg	17%
Sodium	20 mg	1%
Potassium	50 mg	1%

Green Source Digestive Enzyme Blend	200 mg	**
(Papain (Papaya Enzyme), Amylase, Lipase, Bromelain (from Pineapple))		
Green Source Probiotic Blend	200 mg	**
Bifidobacterium Bifidum	400 million	**
Lactobacillus Acidophilus	99 million	**
Lactobacillus Bulgaricus	4 million	**
(Total count: 503 million, at time of manufacture)		
Green Source Whole Food Blend	2,000 mg (2 g)	**
(Spirulina (<i>Spirulina platensis</i>) (whole plant), Wheat Grass Powder, Chlorella (<i>Chlorella vulgaris</i>) (whole plant), Flaxseed Oil (<i>Linum usitatissimum</i>), Apple Pectin (fruit), Barley Grass Powder, Oat Extract (<i>Avena sativa</i>) (aerial), Sodium Copper Chlorophyllin)		

Amount Per Serving		%Daily Value
Green Source Herb Blend	300 mg	**
(Ginger (<i>Zingiber officinale</i>) (root), Echinacea (<i>Echinacea purpurea</i>) (aerial), Milk Thistle Extract (<i>Silybum marianum</i>) (seed), Cayenne Pepper (<i>Capsicum annuum</i>) (fruit), Korean Ginseng Extract (<i>Panax ginseng</i>) (whole plant), Ginkgo Biloba (<i>Ginkgo biloba</i>) (leaf), Goldenseal (<i>Hydrastis canadensis</i>) (aerial))		
Green Source Vegetable Blend	1,000 mg (1 g)	**
(Garlic (<i>Allium sativum</i>) (bulb), Wheat Grass Powder, Carrot Powder, Red Beet Juice Powder, Asparagus Powder, Cabbage Powder, Kale Leaf Powder, Cauliflower Powder, Brussels Sprouts, Broccoli Powder)		
Green Source Fruit Blend	2,000 mg (2 g)	**
(Papaya Fruit Powder, Pineapple Fruit Powder, Oxyphyte® Apple Powder Extract, Peach Fiber, Orange Fruit Powder, Noni (<i>Morinda citrifolia</i>) (fruit), Cranberry Powder, Bilberry (<i>Vaccinium myrtillus</i>) (fruit), Blueberry Powder, Acai (<i>Euterpe oleracea</i>) (fruit), Grapefruit, Strawberry Fruit Powder, Pomegranate Extract (<i>Punica granatum</i>) (fruit))		
Green Source Mushroom Blend	100 mg	**
(Maitake, Reishi, Shiitake)		
Stevia Extract (<i>Stevia rebaudiana</i>) (leaf)	80 mg	**

*Percent Daily Values are based on 2,000 calorie diet.

**Daily Value not established.

Other Ingredients: Maltodextrin, Natural Flavors, Citric Acid.
Contains milk, wheat and soy ingredients.

Manufactured by Good 'N Natural Manufacturing Corp., Ronkonkoma, NY 11779 USA
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