

ITEM #5205
B5205 04E



ACTUAL
SIZE



Grapefruit Pectin 1000 mg

**Helps Support
a Feeling of Fullness***

Soluble Dietary Fiber Supplement

120 TABLETS



Supplement Facts

Serving Size 3 Tablets
Servings Per Container 40

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%**
Dietary Fiber	1 g	4%**
Soluble Fiber	1 g	***
Grapefruit Pectin	3,000 mg (3 g)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Fish, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take three (3) tablets three times daily with meals. Take with 8 ounces (one cup) of water or other liquid.

Grapefruit Pectin provides numerous health benefits, and is a natural source of soluble dietary fiber.* Fiber from Grapefruit Pectin helps support a feeling of fullness when taken with fiber containing meals, and is an important nutrient to include as part of an overall healthy lifestyle plan.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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