



# Organic Flax Seed Oil



**amni® original formula**

A Dietary Supplement



**Douglas  
Laboratories® 100 Softgels**

Pure  
COLD PRESSED  
and Organic

## Supplement Facts

Serving Size 1 softgel • Servings Per Container 100

| Amount Per Serving                               |        | %DV |
|--------------------------------------------------|--------|-----|
| Calories                                         | 10     |     |
| Calories from Fat                                | 10     |     |
| Total Fat                                        | 1 g    | 2%† |
| Saturated Fat                                    | 0 g    | 0%† |
| Polyunsaturated Fat                              | 1 g    | *   |
| Vitamin A (100% as beta-carotene)                | 430 IU | 9%  |
| Omega-3 fatty acids<br>(as alpha-linolenic acid) | 560 mg | *   |
| Omega-6 fatty acids (as linoleic acid)           | 170 mg | *   |
| Omega-9 fatty acids (as oleic acid)              | 172 mg | *   |

†Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

Other ingredients: Flax seed oil, gelatin (capsule), glycerin, carob powder and water.

Manufactured in the USA by:  
**Douglas Laboratories**  
600 Boyce Road • Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)

These softgels contain 100% pure, unrefined, organically grown flax seed oil that has been mechanically expeller pressed under 96°F.

### Suggested Usage:

As a dietary supplement, adults take 1 to 9 softgels daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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FLX