

DIRECTIONS: FOR ADULTS, TAKE TWO (2) TABLETS DAILY, PREFERABLY WITH A MEAL.

As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 50

Amount Per Serving	% Daily Value
Vitamin D (as D3 Cholecalciferol) 400 IU	100%
Calcium (as Oyster Shell) 1,000 mg (1 g)	100%
Sodium 10 mg	<1%

Other Ingredients: Vegetable Cellulose. **Contains <2% of:** FD&C Blue #1 Lake, FD&C Yellow #5 Lake, Gelatin, Titanium Dioxide Color, Vegetable Magnesium Stearate.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Milk, No Lactose, No Gluten, No Wheat, No Yeast.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Sundown
Naturals[®]

NATURAL OYSTER SHELL

Calcium

1000 MG
PER SERVING

with
Vitamin D3

**Promotes Bone and
Immune Health***

100 TABLETS DIETARY SUPPLEMENT

Smart Facts

Calcium helps the heart and nervous system by maintaining a regular heart beat and assisting with the transmission of nerve impulses.* It helps build and maintain good bone health and is essential for healthy teeth, blood and muscles.*

Vitamin D3 helps the body absorb Calcium and is a potent and active form of Vitamin D. Vitamin D3 also supports a healthy immune system.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

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