

Peel Here
for more information

Kaneka OH™ is a trademark of Kaneka Corporation.

CoQH-CF™ is a trademark of Soft Gel Technologies, Inc.

CoQ10 is a trademark of Kaneka Corporation.

CoQ10 products contain only the 100% natural, all-trans form of CoQ10 produced by fermentation.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg, shellfish, polysorbates, preservatives or titanium dioxide.

Other ingredients: Softgel Capsule (gelatin, glycerin, water, natural caramel color), d-Limonene, Caprylic Acid, Capric Acid and Alpha Lipoic Acid.

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Made in the U.S.A. www.protocolforlife.com

* Daily Value not established

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving

Ubiquinol (Kaneka OH™) (Reduced Form CoQ10) 50 mg*

PROTOCOL
FOR LIFE BALANCE™

Ubiquinol CoQH-CF™

- Cardiovascular Support*
- 50 mg, Most Bioavailable

10% of profits donated for health research
60 Softgels

A Dietary Supplement
Vegetarian Formula



SUGGESTED USAGE: As a dietary supplement, take 1 softgel twice daily, preferably with meals. For intensive use, take 4-6 softgels daily under the supervision of a health care practitioner.

Protocol for Life Balance™ Ubiquinol CoQH-CF™ contains the "reduced" form of Coenzyme Q10 (CoQ10) called CoQH, which has been shown in scientific studies to be a more bioavailable antioxidant. Ubiquinol is the primary form of the compound in circulation. CoQH is a powerful fat-soluble antioxidant providing protection against free radical attack on vascular structures, the brain and neurons. Ubiquinol protects membrane phospholipids and serum low-density lipoprotein from lipid peroxidation, and protects mitochondrial membrane proteins and DNA from free radical induced oxidative damage. Ubiquinol regenerates oxidized Vitamin E. The addition of d-limonene to this product naturally improves its solubility, enhancing intestinal absorption and providing superior biological value.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.



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Ubiquinol (CoQH-CF™) contains the "reduced" form of Coenzyme Q10 (CoQ10) called CoQH, which has been shown in scientific studies to be a more bioavailable and more active mitochondrial form of CoQ10. Ubiquinol is the primary form of the compound in circulation, whereas mitochondrial ubiquinone (CoQ10) may be reduced to ubiquinol before its antioxidant benefits can be realized. Reduction of ubiquinone to ubiquinol may be markedly less efficient in some individuals due to age, genetic health and/or genetics. Overall production of CoQ10 by the body typically falls with advancing age. Coenzyme Q10 is present in almost all cells where as ubiquinone, it is necessary for mitochondrial energy production as a component of the respiratory chain. In the heart, the concentration of CoQ10 is the highest. Ubiquinol is the form of CoQ10 which further enhances functional absorption, and thereby provides superior overall biological value.*

Cautions and Interactions
CoQH functions as a powerful fat-soluble antioxidant, providing protection against free radical attack for vascular structures, as well as for other tissues including the brain and neurons. Ubiquinol protects membrane phospholipids and serum low-density lipoprotein from lipid peroxidation, and protects mitochondrial membrane proteins and DNA from free radical induced oxidative damage. Furthermore, ubiquinol regenerates oxidized vitamin E, returning it to a reduced state. Recent findings linking CoQ10 to support for healthy blood pressure levels clearly in the animal studies do not appear to indicate a decrease in blood pressure in humans. The addition of d-limonene to this product naturally improves its solubility, which further enhances functional absorption, and thereby provides superior overall biological value.*

Cautions and Interactions
Ubiquinol has been demonstrated to be well-tolerated and safe at intakes up to 500 mg/day. However, no trials have been conducted to determine safety during pregnancy and lactation. The most common side effect with excessive intakes is GI tract distress.

Guaranteed Quality

This is an FDA-regulated dietary supplement, that is produced in an FDA- and third party inspected facility. We use only the highest quality ingredients, including the USA's Own Good and Best, and the highest quality manufacturing practices (GMPs). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an AlphaBis anti-oxidant product to enhance protection during storage.