

ITEM #10102
B10100 04H



Natural Cold Pressed
High Lignan

Flaxseed 1000 mg Oil Omega 3-6-9

Supports Cardiovascular Health*

Dietary Supplement

**120 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Polyunsaturated Fat	0.5 g	***
Organic High Lignan Flaxseed Oil	1,000 mg (1 g)	***
which typically contains:		
Alpha-Linolenic Acid (Omega-3)	500 mg	***
Linoleic Acid (Omega-6)	110 mg	***
Oleic Acid (Omega-9)	110 mg	***
Palmitic Acid, Stearic Acid	50 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) to three (3) softgels one to three times daily, preferably with a meal.

High Lignan Flaxseed Oil softgels represent a premium source of Alpha Linolenic Acid (Omega-3) and Linoleic Acid (Omega-6) found in nature — two essential fatty acids that contribute to cardiovascular health.* They are also an energy source for the body.* Our formula is filled under a nitrogen blanket to safeguard it from oxygen exposure. Through a unique cold processing method, the flaxseeds are pressed at very cold temperatures, processed without solvents and hexane-free. The dark container minimizes light exposure to maintain freshness, efficacy and potency. Our careful attention to the manufacturing process ensures you are getting the highest quality of Flaxseed Oil.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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ACTUAL SIZE