

ITEM #10151
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ACTUAL SIZE



Omega 3-6-9

Essential Oils
with Flax, Fish & Borage Oils

**Promotes
Cardiovascular Health***

Dietary Supplement

**60 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 3 Softgels
Servings Per Container 20

Amount Per Serving	%Daily Value	
Calories	40	
Calories from Fat	30	
Total Fat	3.5 g	5%**
Polyunsaturated Fat	1.5 g	***
Monounsaturated Fat	0.5 g	***
Cholesterol	10 mg	4%
Protein	<1 g	2%**
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	50%
Fish Oil	1,200 mg (1.2 g)	***
provides 600 mg of Total Omega-3 Fatty Acids† comprising of:		
EPA (Eicosapentaenoic Acid) (26.5-30%)	(318-360 mg)	***
DHA (Docosahexaenoic Acid) (17-20%)	(204-240 mg)	***
Other Fatty Acids		***
organic Flaxseed Oil	1,200 mg (1.2 g)	***
Typical Fatty Acid Profile:		
Omega-3 - Alpha Linolenic Acid (ALA) (45-58%)	(540-696 mg)	***
Omega-6 - Linoleic Acid (11-18%)	(132-216 mg)	***
Omega-9 - Oleic Acid (11-19%)	(132-228 mg)	***
Borage Seed Oil	1,200 mg (1.2 g)	***
Typical Fatty Acid Profile:		
Omega-6 - Linoleic Acid (35-42%)	(420-504 mg)	***
Omega-6 - Gamma Linolenic Acid (GLA) 19%	228 mg	***
Omega-9 - Oleic Acid (14-20%)	(168-240 mg)	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Ethyl Esters

Directions: For adults, take three (3) softgels daily, preferably with a meal.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Grapefruit, No Shellfish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Flaxseed Oil is just one of the three main ingredients that make up this unique formulation, a synergistic blend of essential oils designed to help provide nutrients for the well-being of the body.* In addition to our Flaxseed Oil, Omega 3-6-9 contains Borage Oil, a source of gamma-linolenic acid (GLA), which helps regulate a variety of important functions in the body, and Fish Oil—a source of the Omega-3 fatty acids, Eicosapentaenoic and Docosahexaenoic (EPA & DHA).* EPA helps maintain healthy circulation.* These three oils provide diverse benefits for your overall health.*

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

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