

Peel Here  
for more information

Warning: Those with blood coagulation disorders or those currently taking any anti-coagulant (blood-thinning) medications, please consult a health practitioner prior to use.

Contains no sugar, salt, starch, yeast, wheat, gluten, milk, egg or preservatives. Store in a cool, dry place. **Vegetarian/Vegan Formula.**

Vcap® is a registered trademark of Capugel.  
Made in the U.S.A. www.protocolforlife.com  
Manufactured by H&G, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Cellulose, Cellulose (capsule), Maltodextrin, Stearic Acid (vegetable source) and Silica.

\* Daily Value not established.

## Supplement Facts

Serving Size 1 Vcap®

| Amount Per Serving                                                                        |
|-------------------------------------------------------------------------------------------|
| Nattokinase (enzyme from Natto Extract) (soy derived) 100 mg*                             |
| (providing 2,000 FU's of enzyme activity - an assay equivalent to 160 IU Urokinase assay) |

PROTOCOL  
FOR LIFE BALANCE™

# Nattokinase 100 mg

2,000 FU's of Activity

10% of profits donated for health research

60Vcaps®

A Dietary Supplement  
Vegetarian Formula



**SUGGESTED USAGE:** As a dietary supplement, take 1 Vcap® daily on an empty stomach. For intensive use, take 1 Vcap® 2-3 times daily on an empty stomach under the supervision of a health care practitioner.

Nattokinase is an enzyme isolated from Natto, a traditional Japanese fermented soy food. Natto has been consumed safely for thousands of years for its numerous health benefits.\* More recently, both clinical and non-clinical studies have demonstrated that Nattokinase supports heart health and supports healthy circulation.\* Each serving of Nattokinase provides 2000 FU (Fibrinolytic Units) to help keep already healthy levels of blood clotting factors within a normal range.\*

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Do Not Eat Freshness Packet. Keep in Bottle.

Store in a cool, dry place. Please Recycle.

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Natto is a food that has been used in Japanese culture for over 1000 years for its numerous health benefits.\* Natto is made through a fermentation process by adding *Bacillus subtilis*, a useful bacterium, to boiled soybeans, resulting in the production of the Nattokinase enzyme.

Enzymes are biochemical catalysts, and without them life could not exist. Nattokinase is a systemic enzyme that can be absorbed from the digestive tract and used by the body.\* Nattokinase is so useful that it has been referred to as the "Enzyme of Enzymes."

In recent years, Nattokinase has been the subject of at least 17 scientific studies. These clinical and non-clinical studies have demonstrated that Nattokinase supports heart health, promotes healthy circulation, may help to keep already healthy levels of blood clotting factors within a normal range.\*

Nattokinase activity is often expressed in Fibrinolytic Units, a term indicating its relative potency. Each serving of Protocol for Life Balance® Nattokinase provides 2000 FU (Fibrinolytic Units).

#### Cautions and Interactions

While no adverse events have yet been reported those with ongoing bleeding problems, such as ulcers or recent surgery, should avoid taking Nattokinase because the theoretical risk of bleeding exists. People with extremely high, uncontrolled blood pressure (systolic blood pressure greater than 200 mmHg) or chronic pressure greater than 140 mmHg should use Nattokinase with caution under strict medical supervision. Nattokinase should not be taken by persons taking "blood thinning" drugs (anti-coagulants, such as aspirin or warfarin).

#### Guaranteed Quality

This is an FDA-regulated dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an Apcel® anti-oxidant packet to enhance protection during storage.