DIRECTIONS: FOR ADULTS, TAKE ONE (1) CAPSULE TWO TO THREE TIMES DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving

%Daily Value

Milk Thistle Extract (Silybum marianum) 175 mg (seed) (Standardized to contain 80%

Silvmarin, 140 mg)

**Daily Value not established.

Other Ingredients: Maltodextrin, Gelatin, Vegetable Magnesium Stearate, Silica.



KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Questions? Call toll free 1-888-VITAHELP (848-2435)



Milk Thistle

175 Mg

Standardized Extract

Promotes Healthy
Liver Function*

Smart Facts

Milk Thistle supports liver health.* In addition, Milk Thistle possesses antioxidant properties that help fight cell-damaging free radicals in the body.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18.

Manufactured by REXALL SUNDOWN, INC. Boca Raton, FL 33487 USA

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60 CAPSULES

HERBAL SUPPLEMENT