



# Calcigard® One-To-One

 **amni® original formula**  
A Dietary Supplement



**Douglas  
Laboratories®** 90 Tablets

## Supplement Facts

Serving Size 2 tablets • Servings Per Container 45

Amount Per Serving		%DV
Calcium (as calcium citrate)	250 mg	25%
Magnesium (as magnesium amino acid chelate)	250 mg	63%

Other ingredients: L-glutamic acid, cellulose, modified cellulose gum, stearic acid, silica and magnesium stearate.

Manufactured in the USA by:  
**Douglas Laboratories**  
600 Boyce Road  
Pittsburgh, PA 15205 USA  
[www.douglaslabs.com](http://www.douglaslabs.com)

Calcigard® One-To-One is a specially acidified, rapidly dissolving formula designed to improve absorption and bioavailability of calcium. Tablets may be swallowed or dissolved in water or other suitable liquid.

### Suggested Use:

As a dietary supplement, adults take 2 tablets up to 4 times daily or as directed by your healthcare professional.

KEEP OUT OF REACH OF CHILDREN.

For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.



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