

Manufactured in the USA by:  
**Douglas Laboratories**  
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**Suggested Usage:** As a dietary supplement, adults take 1 pack twice daily with meals or as directed by your healthcare professional.

Each pack contains three pink Basic Preventive 5® Plus Extra Vitamin D tablets, one white Vitamin C tablet, one Vitamin E softgel capsule, one yellow Co-Enzyme Q10 w/C capsule, one white Glutathione Plus™ capsule, and one white Taurine capsule.

KEEP OUT OF REACH OF CHILDREN.  
 For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

BX1

# Basic Antiox

A Dietary Supplement



30 Packs

## Supplement Facts

Serving Size 1 pack (5 tablets, 2 capsules, 1 softgel per pack) • Servings Per Container 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (from fish liver oil) ..... 12,500 IU	250%	Zinc (as zinc amino acid chelate) ..... 10 mg	67%
and 60% [7,500 IU] as natural beta-carotene from D. salina)		Selenium (as selenium amino acid complex) ..... 100 mcg	143%
Vitamin C ..... 1,860 mg	3,100%	Copper (as copper amino acid chelate)..... 1 mg	50%
(as L-ascorbic acid, calcium ascorbate, and magnesium/potassium aspartate-ascorbate complex)		Manganese (as manganese amino acid chelate) ..... 10 mg	500%
Vitamin D3 (from fish liver oil) ..... 200 IU	50%	Chromium ..... 100 mcg	83%
Vitamin E (as d-alpha tocopheryl ..... 600 IU	2,000%	(as chromium polynicotinate)	
and d-alpha tocopheryl succinate, plus 67 mg of mixed, non-alpha tocopherols [d-beta, d-gamma, d-delta] )		Molybdenum ..... 75 mcg	100%
Vitamin K1 (as phytonadione) ..... 30 mcg	38%	(as molybdenum amino acid chelate)	
Thiamine (as thiamine mononitrate) ..... 50 mg	3,333%	Potassium (as potassium aspartate-ascorbate complex) ..... 50 mg	1%
Riboflavin ..... 25 mg	1,471%	Choline (as choline bitartrate) ..... 75 mg	*
Niacin (as niacinamide and niacin) ..... 100 mg	500%	Inositol ..... 25 mg	*
Vitamin B6 ..... 25 mg	1,250%	Vanadium (as vanadyl sulfate) ..... 19.5 mcg	*
(as pyridoxine hydrochloride)		Boron (as boron aspartate-citrate) ..... 1 mg	*
Folic acid ..... 400 mcg	100%	para-Aminobenzoic acid ..... 25 mg	*
Vitamin B12 ..... 50 mcg	833%	Citrus bioflavonoids ..... 50 mg	*
(as cyanocobalamin on ion exchange resin)		Co-Enzyme Q10 ..... 50 mg	*
Biotin ..... 150 mcg	50%	Glutathione (as L-glutathione, reduced) ... 50 mg	*
Pantothenic acid ..... 200 mg	2,000%	N-Acetyl-L-Cysteine USP ..... 440 mg	*
(as d-calcium pantothenate)		Taurine ..... 500 mg	*
Calcium (as calcium citrate ..... 250 mg	25%		
and calcium ascorbate)			
Iodine (from kelp) ..... 75 mcg	50%		
Magnesium (as magnesium aspartate-ascorbate complex and magnesium amino acid chelate) ..... 250 mg	63%		

\*Daily Value not established.

Other ingredients: Cellulose, modified cellulose gum, gelatin (capsule), water, methylcellulose, silica, vegetable stearine, stearic acid, magnesium stearate, soybean oil, titanium dioxide, ethylcellulose, gum ghatti, glycerin, natural tangerine flavor, and canthaxanthin (carotene color).

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