

DIRECTIONS: FOR ADULTS, TAKE ONE (1) TABLET PER DAY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving		%Daily Value
Chromium (as Chromium Picolinate)	400 mcg	333%
Xtra Premium Blend®	390 mg	
Inositol		*
Soy Lecithin		*
Choline Bitartrate		*
Grapefruit Extract 8:1 (<i>Citrus x paradisi</i>) (fruit)		*

*Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose (Plant Origin), Croscarmellose, Silica, Vegetable Magnesium Stearate.

Sundown
Naturals

Chromium

XTRA®

400 MCG

**With Inositol, Choline and
Grapefruit Extract**

VEGETARIAN FORMULA
50 TABLETS DIETARY SUPPLEMENT

**Smart
Facts**

This advanced formula features the essential mineral Chromium and a special blend of Inositol, Soy Lecithin, Choline Bitartrate, and Grapefruit Extract.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

KEEP OUT OF REACH OF CHILDREN. STORE IN A DRY PLACE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.



Questions? Call toll free 1-888-VITAHELP (848-2435) or visit us at www.sundownnaturals.com

Manufactured by REXALL SUNDOWN, INC.
Boca Raton, FL 33487 USA

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