ITEM #4548
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GOOD 'N NATURAL®

Standardized

Milk Thistle Extract

250mg

Promotes Healthy Liver Function*

Dietary Supplement

100 CAPSULES

GUARANTEED LABORATORY TESTED QUALITY

ACTUAL SIZE

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		%Daily Value
Milk Thistle Seed Extract *(Silybum marianum)* (Standardized to contain a minimum of 80% Silymarin)	250 mg	**

**Daily Value not established.

Other Ingredients: Rice Flour, Dicalcium Phosphate, Gelatin, Vegetable Magnesium Stearate, Silica.

No Gluten, **No** Yeast, **No** Wheat, **No** Milk or Milk Derivatives, **No** Lactose, **No** Soy, **No** Egg, **No** Corn, **No** Grapefruit, **No** Fish, **No** Sweetener, **No** Sugar, **No** Starch, **No** Preservatives, **No** Artificial Color, **No** Artificial Flavor, **No** Sodium.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Directions: For adults, take one (1) capsule three times daily, preferably with meals. Capsules may be opened and prepared as a tea.

Milk Thistle contains silymarin, which helps support healthy liver function.* In addition, Milk Thistle possesses antioxidant properties that may help neutralize cell-damaging free radicals.* Our Milk Thistle extract is standardized for 80% Silymarin, the active constituent in this herb. By scientifically isolating active constituents, we ensure that they remain at consistent concentration levels with each dose.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured by **Good 'N Natural®, Bohemia, NY 11716 USA**
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