

ITEM #463  
B50411 07E



ACTUAL SIZE



Natural Vitamin  
**E 400 IU**  
Mixed Tocopherols  
**Promotes**  
**Cardiovascular Health\***

**Powerful Antioxidant Formula**



*Dietary Supplement*

**250 RAPID RELEASE**  
**SOFTGELS**



## Supplement Facts

Serving Size 1 Softgel

| Amount Per Serving                                                                       | %Daily Value |
|------------------------------------------------------------------------------------------|--------------|
| Vitamin E 400 IU<br>(as d-Alpha Tocopherol plus d-Beta,<br>d-Gamma, d-Delta Tocopherols) | 1,333%       |

**Other Ingredients:** Gelatin, Vegetable Glycerin, Soybean Oil.

**No Gluten, No Yeast, No Wheat,**  
**No Milk or Milk Derivatives,**  
**No Lactose, No Egg, No Grapefruit,**  
**No Fish, No Sweetener, No Sugar,**  
**No Starch, No Preservatives,**  
**No Artificial Color, No Artificial Flavor,**  
**No Sodium.**

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**Directions:** For adults, take one (1) softgel daily, preferably with a meal.

This natural Vitamin E supplement is an exceptional, full spectrum blend of health-promoting tocopherols.\* Studies support the ability of Vitamin E to promote heart health.\* This blend includes the important alpha and gamma forms of Vitamin E, ensuring you receive a sufficient daily supply.

**WARNING:** If you are pregnant, nursing, taking any medications, or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA  
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