

ITEM #303
B300 08H



ACTUAL SIZE



Ultra Soya Lecithin

1200 mg

Supports Nervous System Health*
Promotes Brain Function*

Dietary Supplement

**250 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Soya Lecithin	1,200 mg (1.2 g)	***
(61% Phosphatides, 732 mg) typically contains:		
Phosphatidylcholine	168 mg	***
Phosphatidylinositol	96 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Ingredients: Soy Lecithin, Gelatin, Vegetable Glycerin.

**No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Egg, No Corn, No Grapefruit, No Fish,
No Sweetener, No Sugar, No Starch, No Preservatives,
No Artificial Color, No Artificial Flavor, No Sodium.**

***These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or
prevent any disease.**

Directions: For adults, take one (1) to three (3) softgels one to three times daily, preferably with a meal.

Lecithin is an important natural source of choline, inositol and linoleic acid. Choline and Inositol are vital components of cell membranes, and play a beneficial role in promoting the health of the nervous system and brain function.* In addition, since phospholipid levels in the brain may decline with age, supplementing with soy-based phosphatides provides further support in maintaining healthy brain function.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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