

ITEM #12120
B18486 04E



ACTUAL
SIZE



Timed Release

ULTRA WOMAN™

IRON FREE

**Comprehensive Formula Specifically
Designed for Women**

**Energy Metabolism* • Bone Density*
Breast Health* • Heart* • Hair, Skin & Nails***

Dietary Supplement

90 TABLETS



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 45

Amount Per Serving		%Daily Value
Vitamin A (as Beta-Carotene)	5,000 IU	100%
Vitamin C (as Ascorbic Acid)	200 mg	333%
Vitamin D (as Cholecalciferol)	600 IU	150%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Vitamin K (as Phytonadione)	150 mcg	188%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	80 mg	5,333%
Riboflavin (Vitamin B-2)	80 mg	4,706%
Niacin (as Niacinamide)	80 mg	400%
Vitamin B-6 (as Pyridoxine Hydrochloride)	80 mg	4,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	80 mcg	1,333%
Biotin (as d-Biotin)	500 mcg	167%
Pantothenic Acid (as d-Calcium Pantothenate)	80 mg	800%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Citrate)	500 mg	50%
Iodine (as Potassium Iodide)	150 mcg	100%
Magnesium (as Magnesium Oxide)	250 mg	63%
Zinc (as Zinc Oxide)	15 mg	100%
Selenium (as Sodium Selenate)	200 mcg	286%
Copper (as Cupric Oxide)	2 mg	100%
Manganese (as Manganese Gluconate)	2 mg	100%
Chromium (as Chromium Picolinate)	200 mcg	167%
Molybdenum (as Sodium Molybdate)	75 mcg	100%
Potassium (as Potassium Chloride)	10 mg	<1%

Amount Per Serving		%Daily Value
Hesperidin Complex	5 mg	**
Alpha Lipoic Acid	25 mg	**
Vanadium (as Sodium Metavanadate)	10 mcg	**
Ultra Woman™ Proprietary Skin, Hair, Nail Blend	100 mg	**
Collagen (Hydrolyzed Gelatin), Choline Bitartrate, Inositol, Silica (as Silicon Dioxide)		
Ultra Woman™ Bone Blend	100 mg	**
Fish Oil Concentrate, Soy Isoflavones, Boron (as Sodium Borate), Ipriflavone		
Ultra Woman™ Energy Blend	100 mg	**
Green Tea Extract (Camellia sinensis) (leaf), Korean Ginseng (Panax ginseng) (root), Spirulina		
Ultra Woman™ Antioxidant Cardio Blend	100 mg	**
Garlic (Allium sativum) (bulb), Citrus Bioflavonoids Concentrate (Citrus limon) (fruit), Grapeseed Extract (Vitis vinifera) (seed), Black Currant (Ribes nigrum) (fruit), Bilberry (Vaccinium myrtillus) (fruit), Elderberry (Sambucus nigra) (fruit), Celery Seed Extract (Apium graveolens) (seed), Carrot Extract, Kale Extract, Cabbage Extract, Cauliflower Extract, Brussels Sprouts Extract, Broccoli Extract, Astaxanthin Complex, Super Oxide Dismutase, Zeaxanthin, Lutein, Coenzyme Q-10, Pycnogenol® (Pinus pinaster) (Maritime Pine Bark Extract), Lycopene		
Ultra Woman™ Herbal Blend	100 mg	**
Ginkgo Biloba (Ginkgo biloba) (leaf), Barley Grass (Hordeum vulgare) (aerial), Chamomile (Matricaria recutita) (aerial), Cranberry (Vaccinium macrocarpon) (fruit), Vitex Chasteberry (Vitex agnus castus) (fruit), Red Raspberry (Rubus idaeus) (leaf), Red Clover (Trifolium pratense) (flower), Dong Quai Extract (Angelica sinensis) (root), Wild Yam Extract (Dioscorea villosa) (root)		

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Hypromellose, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

Contains milk, soy and fish (anchovy, menhaden, sardine) ingredients.

**No Gluten, No Yeast, No Wheat, No Egg,
No Grapefruit, No Shellfish, No Sugar,
No Artificial Color, No Artificial Flavor.**

Directions: For adults, take two (2) tablets daily, preferably with a meal.

Ultra Woman™ is a unique blend of over 50 vitamins, minerals, herbs and other nutrients designed to help women get the nutrition they need each and every day. Our iron-free blend is specially formulated to provide a gradual release of vitamins over a prolonged period of time.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or planning any medical procedure, consult your doctor before use. Avoid this product if you are allergic to ragweed or daisy-like flowers. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

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