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ACTUAL SIZE



ADVANCED



THERMOGENIC FORMULA*

•promotes **WEIGHT LOSS** goals*

•provides **ENERGY***

•enhances **DIET***

120 Rapid Release Capsules

Diet Plan Enclosed

Dietary Supplement

Supplement Facts

Serving Size 2 Capsules

Servings Per Container 60

Amount Per Serving	%Daily Value	
Calories	5	
Total Carbohydrate	1 g	<1%**
Vitamin C (as Ascorbic Acid)	100 mg	167%
Vitamin B-6 (as Pyridoxine Hydrochloride)	10 mg	500%
Pantothenic Acid (as d-Calcium Pantothenate)	12 mg	120%
Magnesium (as Magnesium Oxide)	10 mg	3%
Proprietary Xtreme Lean™ Thermo Complex	1,350 mg (1.35 g)	***
Yerba Mate Extract (<i>Ilex paraguariensis</i>) (leaf) (standardized for Methyloxanthines, Caffeine), Green Tea Extract (<i>Camellia sinensis</i>) (leaf) (standardized for Polyphenols and contains naturally occurring Epigallocatechin gallate (EGCG) and Caffeine), Metabromine®-G Cocoa Extract with Guarana (<i>Paullinia cupana</i>) seed Extract (standardized for Theobromine, Caffeine), ADVANTRA Z® Bitter Orange Extract (<i>Citrus aurantium</i> ****) (fruit) (standardized for Synephrine, N-Methyltyramine, Hordenine, Octopamine and Tyramine), Caffeine, Tyrosine Complex (L-Tyrosine and Acetyl L-Tyrosine), L-Methionine, Ginger Extract (<i>Zingiber officinale</i>) (root), 3,3', 4', 5,7-Pentahydroxyflavone, DMAE (Dimethylaminoethanol), Grape Seed Extract		

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin. Contains <2% of: Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Fish, No Sweetener, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

****Citrus aurantium is licensed by Nutratech, Inc. under U.S. Patent Nos. 6,224,873 and 6,340,482.

ADVANTRA Z® is a registered trademark of Nutratech, Inc.
Metabromine®-G is a registered trademark of Triarco Industries, Inc.

Directions: For adults, in the morning take two (2) capsules before eating or exercising and in the mid-afternoon take two (2) more capsules. Take two (2) capsules twice daily. Do not exceed two (2) capsules more often than every four hours. Limit use to no more than four (4) capsules in a 24-hour period. Start with half the suggested amount for the first week (one capsule two times daily) to assess individual tolerance. Before you start: It is important to check with your healthcare provider before beginning any diet or exercise program.

Xtreme Lean™ is a formula developed to promote metabolism through thermogenesis (the production of heat to burn calories).* It contains ADVANTRA Z®, a patented bitter orange extract (*Citrus aurantium*) that is standardized for Synephrine. Supportive ingredients include Caffeine from Yerba Mate and Metabromine Extract, which also contribute to enhanced energy levels.* Ginger Extract and standardized Green Tea Extract are also included. For best results, use in conjunction with a reduced calorie diet and exercise program.

WARNING: NOT FOR USE BY INDIVIDUALS UNDER THE AGE OF 18 OR PREGNANT OR LACTATING WOMEN. Do not exceed recommended dose. Increasing frequency of intake will not improve results and may cause adverse reactions. Do not combine this product with products containing ephedrine alkaloids. This product contains synephrine and caffeine. Do not consume additional sources of synephrine or caffeine, which may intensify adverse effects. Avoid this product if you have high blood pressure, arrhythmias, glaucoma, seizures, ulcer, difficulty urinating, an enlarged prostate, diabetes or a thyroid, blood, liver or eating disorder. Consult a doctor before use if you are at risk for, have, have had or have a family history of, heart or cardiovascular disease, stroke, recurrent headaches, depression or other psychiatric condition. Use of this product may make skin sensitive to sunlight and UV light, which could result in sunburn or skin rash after several days of use. Limit exposure to the sun or any indoor tanning equipment including beds, lamps or booths. Consult a doctor before using this product if you are using any medications or remedies, especially antidepressants or monoamine oxidase inhibitors (MAOI), stimulants; any dietary supplement (Yohimbe or St. John's Wort), or any over-the-counter drug including allergy, asthma, cough/cold or weight control products. Discontinue use and call a doctor immediately if you experience any adverse reaction such as: dizziness, headache, rapid or irregular heart beat, chest pain, shortness of breath, nausea, noticeable changes in behavior, loss of consciousness, increased blood pressure, sleeplessness, anxiety, or skin reactions. Limit use to six weeks with a break of one week. Discontinue use two weeks prior to surgery. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Each capsule provides approximately 100 mg of caffeine.

Diet Plan Enclosed.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA

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