

ITEM #13986
B13982 03D



ADVANCED

Fiber Force

Supports Regularity*

Promotes Colon Health*

Dietary Supplement

100 CAPSULES

ACTUAL SIZE



Supplement Facts

Serving Size 6 Capsules
Servings Per Container 16

Amount Per Serving	%Daily Value	
Calories	15	
Total Carbohydrate	3 g	1%**
Dietary Fiber	4 g	14%**
Soluble Fiber	3 g	***
Protein	<1 g	1%**

Fiber Blend Concentrate 4,102 mg (4.1 g) ***

which contains Natural Fiber from
Psyllium Seed Husk (seed), Apple Pectin
(fruit), *Lactobacillus Acidophilus*, Kidney
Bean, Oat Bran (seed), Prune Powder
(fruit), Peach Fiber (fruit), Broccoli
(flower), Cauliflower (plant), Carrot (root)

**Percent Daily Values are based on a 2,000
calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Magnesium
Stearate, Silica.

Directions: For adults, take six (6) capsules daily with at least 8
ounces of water or other fluid.

**No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy,
No Egg, No Grapefruit, No Fish, No Sweetener, No Sugar,
No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.**

Fiber adds roughage to the diet, which is important for
digestion and elimination.* Advanced Fiber Force is a good
dietary source of fiber and helps alleviate occasional
constipation and maintain regularity.* As a daily addition to
your diet, one serving of Advanced Fiber Force contributes up
to 4 grams of the 25-30 grams of fiber you need daily to
maintain good dietary health.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor
before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep
out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or
missing.

Notice: Take this product with at least 8 ounces of water or other fluid. Taking this product
without adequate fluid may cause choking. Do not take this product if you have difficulty
swallowing. If you experience chest pain, vomiting or difficulty in swallowing or breathing
after taking this product, seek immediate medical attention. Do not take before bedtime.
Fiber products can affect the absorption of many medications. Do not take this product within
2 hours of taking medications.

***These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or
prevent any disease.**

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
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