

ITEM #1682
B1682 12J



L-Carnitine

500 mg

Promotes
Cardiovascular Health*

Assists in
Fat Metabolism*

ACTUAL
SIZE

Dietary Supplement

30 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
L-Carnitine (as L-Carnitine L-Tartrate)	500 mg **

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Food Glaze, Vegetable Stearic Acid, Silica, Titanium Dioxide Color, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg,
No Grapefruit, No Fish,
No Sweetener, No Sugar,
No Artificial Flavor, No Sodium.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Directions: For adults, take one (1) tablet twice daily, preferably with meals.

Carnitine is found throughout the body. It assists in fat metabolism and plays an essential role in making fatty acids available for muscle tissue, which is important for promoting muscular energy and supporting endurance exercise.* Carnitine is also essential for cardiovascular health.* The heart is reliant on this nutrient for energy production from fat.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. For optimal freshness, store product in bottle until ready to use. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
800-544-0095 www.GOODNNATURAL.com © 2008 Good 'N Natural®