



Dr. Frank J. Costa, M.D., an internationally acclaimed urological surgeon and men's health expert, is part of the GNC Medical Advisory Board.

One of "America's Top Physicians," Dr. Costa lectures nationally and internationally on men's health topics. Dr. Costa is regularly featured in television, radio and newspaper interviews and has published articles in both professional journals and popular magazines.

"Many men - even if they try to make healthy food choices - aren't getting the vitamins, minerals and other nutrients their bodies need for optimal health. Mega

Men® Sport combines multivitamin and mineral support with protein, fiber and other beneficial nutrients. It's the best men's multivitamin available."

MEGA MEN® SPORT

Adequate nutrition is essential for both optimal health and athletic performance. Mega Men® Sport is the premium formula for physically active men whose bodies demand more than a multivitamin alone.

Muscle Fuel

- Features 10 g of protein, a compound providing a positive nitrogen balance in the body. Along with exercise, protein is a quality fuel for lean body mass.*
- Features a creatine precursor blend that supports the body's natural production of creatine, which plays an important role in protein synthesis.*

Recovery Support

- Enhanced with electrolytes which help to regulate body fluids.* Intense exercise can result in a loss of these valuable electrolytes, leading to muscle cramping.
- Provides L-glutamine and branched chain amino acids (BCAA) that fuel muscle and help to reduce the amount of protein breakdown during intense exercise.*

Sexual Health

- Features 1,000 mg of L-arginine, an important amino acid and building block of nitric oxide which helps maintain blood vessel tone and plays a key role in sexual health.*

Energy and Metabolism

- Includes green tea and B-vitamins that are involved in energy production and carbohydrate metabolism.* Carbohydrates are an important fuel and primary source of energy during intense exercise.

Immune Defense

- Boosts the body's immunity with zinc, selenium and vitamins C and E.*
- Enhanced with antioxidants that fight cell-damaging free radicals.*

Place UPC
Here

For more information:
1-888-462-2548

SHOP NOW @ GNC.COM

Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

MEN'S

GNC

MEGA MEN® SPORT

Dietary Supplement

Premium formula designed for men who exercise regularly

- Fuels lean muscle with 10 g of protein*
- Supports recovery with L-glutamine*
- Electrolyte replacement to fuel performance*
- 1,000 mg of L-arginine to boost nitric oxide*
- Promotes energy and metabolism*

Natural and Artificial Flavor
VANILLA BEAN

NET WT 37.92 OZ (2.37 LB) 1080 G

NEW

CODE 170269

DIRECTIONS: As a dietary supplement, mix two rounded scoops (36g) with 8 - 12 fl. oz. of cold water or preferred cold beverage daily. Stir briskly or shake well in a closed container until completely mixed. May vary amount of liquid depending on thickness desired.

Supplement Facts

Serving Size Two Rounded Scoops (36 g)
Servings Per Container 30

Amount Per Serving

Calories 130
Calories from Fat 20

% Daily Value†

Total Fat 2.5g 4%
Saturated Fat 1g 5%
Cholesterol 25mg 8%
Total Carbohydrate 15g 5%
Dietary Fiber 8g 32%
Sugar 3g

Protein 10g

Vitamin A (as Vitamin A Palmitate & beta-Carotene) 5000 IU 100%
Vitamin C (as Calcium Ascorbate) 300 mg 500%
Vitamin D (as Cholecalciferol D-3) 600 IU 150%
Vitamin E (as Vitamin E Acetate) 30 IU 100%
Vitamin K (as Phytonadione K-1) 80 mcg 100%
Thiamin (as Thiamin Mononitrate) 50 mg 3330%
Riboflavin 50 mg 2940%
Niacin (as Niacinamide & Niacin) 50 mg 250%
Vitamin B-6 (as Pyridoxine HCl) 50 mg 2500%
Folic Acid 600 mcg 150%
Vitamin B-12 (as Cyanocobalamin) 50 mcg 830%
Biotin 300 mcg 100%
Pantothenic Acid (as Calcium Pantothenate) 50 mg 500%
Calcium (as Calcium Carbonate) 200 mg 20%
Iodine (as Potassium Iodide) 150 mcg 100%
Magnesium (as Magnesium Oxide) 50 mg 10%
Zinc (as Zinc Oxide) 25 mg 100%
Selenium (as Selenium Amino Acid Chelate) 200 mcg 265%
Copper (as Copper Gluconate) 2 mg 100%
Manganese (as Manganese Sulfate) 2 mg 100%
Chromium (as Chromium Amino Acid Chelate) 120 mcg 100%
Molybdenum (as Sodium Molybdate) 75 mcg 100%
Chloride 150 mg 4%
Sodium 200 mg 8%
Potassium 250 mg 6%

Amount Per Serving

alpha-Lipoic Acid 25 mg *
Choline (as Choline Bitartrate) 10 mg *
Inositol 10 mg *
Silica (as Silicon Dioxide) 4 mg *
Boron (as Boron Amino Acid Chelate) 2 mg *
Lutein 950 mcg *

Lycopene 950 mcg *
Astaxanthin 50 mcg *
Zeaxanthin 50 mcg *
Vanadium (as Vanadium Amino Acid Chelate) 5 mcg *
Fiber Blend 8 g *

Inulin, FOS-Fructooligosaccharides, Gum Arabic, Cellulose, Soy Fiber, Resistant Starch

L-Arginine** 1000 mg *

Proprietary Sports Blend 1000 mg *

L-Glutamine, Green Tea Extract, Taurine, beta-Alanine, L-Carnitine

Branched Chain Amino Acid Blend 1500 mg *

L-Leucine, L-Valine, L-Isoleucine

Creatine Precursor Blend 1000 mg *

Guanidinoacetic Acid, Glycine, L-Methionine

Essential Fatty Acid Blend 2 g *

MCT Oil (Medium Chain Triglycerides), CLA (Conjugated Linoleic Acid), Flaxseed Oil, Safflower Oil, Olive Oil, Borage Oil and Evening Primrose Oil

Antioxidant Fruit & Vegetable Blend 200 mg *

Plum Powder, Wild Blueberry Powder, Cherry Powder, Parsley Leaf Powder, Kale Leaf Powder, Spinach Leaf Powder, Wheat Grass Juice Powder, Cranberry Powder, Blueberry Powder, Strawberry Powder, Orange Powder, Raspberry Powder, Brussels Sprout Powder, Asparagus Powder, Blackberry Powder, Broccoli Powder, Bilberry Powder, Grape Skin Extract, Beet Juice Powder, Cauliflower Powder, Apricot Powder, Papaya Powder, Carrot Powder, Cabbage Powder, Garlic Powder, Grape Powder, Pineapple Powder

*Daily Values Not Established.

**Includes amounts in the protein naturally.

†Percent Daily Values are based on a 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9 • Carbohydrates 4 • Protein 4

OTHER INGREDIENTS: Whey Protein Concentrate, Nonfat Dry Milk, Natural and Artificial Vanilla Cream Flavor, DiArginine Malate, Sodium Citrate, Maltodextrin, Xanthan, Lecithin, Potassium Citrate, Sodium Chloride, Sodium Caseinate, Potassium Chloride, Sodium Caseinate, DiPotassium Phosphate, TriCalcium Phosphate, Mono & Diglycerides, Sucralose, Acesulfame Potassium.

CONTAINS: Milk, Soybeans and Wheat. Manufactured on equipment which processes products containing milk, egg, soybeans, shellfish, fish oil, tree nuts and peanut flavor.

NOTICE: Significant product settling may occur.

KEEP OUT OF REACH OF CHILDREN.

Store in a cool, dry place.

GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!