

ITEM #1241
B1241 04E



ACTUAL
SIZE

GOOD 'N NATURAL

Original Apple Cider Vinegar Diet

Promotes Sugar
Metabolism*
See Enclosed Diet Plan



Dietary Supplement
90 Tablets
Vegetarian/Vegan Formula

Supplement Facts

Serving Size 3 Tablets
Servings Per Container 30

Amount Per Serving	%Daily Value	
Calories	10	
Total Carbohydrate	2 g	1%**
Dietary Fiber	<1 g	3%**
Vitamin B-6 (as Pyridoxine Hydrochloride)	25 mg	1,250%
Calcium	123 mg	12%
Phosphorus	96 mg	10%
Chromium (as Chromium Amino Acid Chelate)	200 mcg	167%
Sodium	10 mg	<1%
Apple Cider Vinegar Powder	900 mg	***
Apple Pectin (fruit)	150 mg	***
Gymnema (Gymnema Sylvestre) (leaf)	600 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Vegetable Cellulose, Dicalcium Phosphate. **Contains <2% of:** Silica, Vegetable Magnesium Stearate, Vegetable Stearic Acid.

Contains soy ingredients.

**No Gluten, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Egg, No Grapefruit, No Fish, No Sugar,
No Sweetener, No Preservatives, No Artificial Color,
No Artificial Flavor.**

Directions: For adults, take three (3) tablets daily, preferably one after each meal. It is important to check with your health care providers before beginning any diet and exercise program.

Apple Cider Vinegar Diet has been a traditional choice with health conscious individuals. Chromium helps to promote sugar metabolism while Apple Pectin is a natural soluble fiber well known for its nutritional goodness.* Vitamin B-6 supports energy and protein metabolism.* Gymnema Sylvestre rounds out this unique formulation by providing additional benefits. When used with the enclosed diet plan and a daily exercise program, Apple Cider Vinegar Diet puts you on track towards meeting your dietary goals!

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.



Manufactured by Good 'N Natural
Manufacturing Corp., Ronkonkoma, NY 11779 USA
800-544-0095 www.GOODNATURAL.com
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