



# L-Tryptophan

A Dietary Supplement



**Douglas  
Laboratories®**

**60 Vegetarian  
Capsules**

## Supplement Facts

Serving Size 2 Vegetarian Capsules • Servings Per Container 30

| Amount Per Serving                               |          | %DV  |
|--------------------------------------------------|----------|------|
| Vitamin C (as ascorbyl palmitate).....           | 10 mg    | 17%  |
| Riboflavin.....<br>(as riboflavin-5-phosphate)   | 10 mg    | 588% |
| Niacin (as niacinamide) .....                    | 10 mg    | 50%  |
| Vitamin B6 .....                                 | 10 mg    | 500% |
| (as pyridoxal-5-phosphate)                       |          |      |
| L-Tryptophan (as <i>TryptoPure</i> ®).....       | 1,000 mg | *    |
| Bioperine®.....<br>(Black pepper extract, fruit) | 5 mg     | *    |

\*Daily Value not established.

Other ingredients: Cellulose and silica.

Manufactured in the USA by:  
**Douglas Laboratories**  
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[www.douglaslabs.com](http://www.douglaslabs.com)

## Warning:

If you are taking medications for neurological conditions including Selective Serotonin Reuptake Inhibitors (SSRIs) or Monoamine Oxidase Inhibitors (MAOI), or are pregnant or nursing, do not use this product.

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.

**Suggested Usage:** As a dietary supplement, adults take 2 capsules daily or as directed by your healthcare professional.

TryptoPure is a registered trademark of Ajinomoto AminoScience, LLC.

Bioperine is a registered trademark of Sabinsa Corporation.

KEEP OUT OF REACH OF CHILDREN.  
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C)  
(35-65% relative humidity)  
Tamper resistant package,  
do not use if outer seal is missing.

Formula #200448

