

ITEM #1150
B1152 101



ACTUAL SIZE



Norwegian Cod Liver Oil

**Promotes Bone, Immune
and Skin Health***

Dietary Supplement

**100 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Cholesterol	<5 mg	1%
Vitamin A (from Cod Liver Oil)	1,250 IU	25%
Vitamin D (from Cod Liver Oil)	135 IU	34%
Cod Liver Oil	415 mg	**
provides 66 mg of Omega-3 Fatty Acids, ** comprising of:		
EPA (Eicosapentaenoic Acid)	34 mg	**
DHA (Docosahexaenoic Acid)	32 mg	**

**Daily Value not established.

Ingredients: Cod Liver Oil, Gelatin,
Vegetable Glycerin.

Contains fish (cod) ingredients.

**No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives, No Lactose,
No Soy, No Egg, No Corn,
No Grapefruit, No Shellfish,
No Sweetener, No Sugar, No Starch,
No Preservatives, No Artificial Color,
No Artificial Flavor, No Sodium.**

Directions: For adults, take one (1) softgel
daily, preferably with a meal.

Studies show that increasing your intake of
fish oil through supplementation is an
excellent way to enhance your diet with
important fatty acids. Norwegian Cod Liver
Oil naturally contains Omega-3 fatty acids,
necessary for optimum health.* It is also a
natural source of essential Vitamins A and D,
which help maintain bones and a healthy
immune system.*

WARNING: If you are pregnant, nursing or taking any
medications, consult your doctor before use. Discontinue
use and consult your doctor if any adverse reactions occur.
Keep out of reach of children. Store at room temperature. Do
not use if seal under cap is broken or missing.

***These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or
prevent any disease.**

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