

ITEM #1064
B67720 09G



Lecithin Granules

95% Soy Phosphatides

Supports Nervous System Health*
Promotes Brain Function*

Dietary Supplement

Net Wt. 14 oz. (400 g)



Supplement Facts

Serving Size 1 Tablespoon (8 g)
Servings Per Container 50

Amount Per Serving	%Daily Value	
Calories	60	
Calories from Fat	40	
Total Fat	4 g	7%**
Saturated Fat	1 g	5%**
Total Carbohydrate	<2 g	<1%**
Calcium	60 mg	6%
Phosphorus	272 mg	27%
Potassium	95 mg	3%
Soy Lecithin (Providing)	8,000 mg (8 g)	***
Linoleic Acid	2,160 mg (2.16 g)	***
Phosphatidylcholine	1,680 mg (1.68 g)	***
Phosphatidylinositol	960 mg	***
Linolenic Acid	240 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) tablespoon (8 g) daily, preferably with a meal. Soy Lecithin Granules is a pleasant tasting dietary supplement. It may be taken with any solid or liquid food.

Lecithin is an important natural source of choline, inositol and linoleic acid. Choline and Inositol are vital components of cell membranes, and play a beneficial role in promoting the health of the nervous system and brain function.* In addition, since phospholipid levels in the brain may decline with age, supplementing with soy-based phosphatides provides further support in maintaining healthy brain function.*

This product is sold by weight and not volume. You can be assured of proper weight even though some settling of contents may occur during shipping and handling.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if pull ring under cap is damaged or broken.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
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