

KEEP OUT OF REACH OF CHILDREN.  
Store in a cool, dry place.

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Distributed by:  
General Nutrition Corporation  
Pittsburgh, PA 15222

ACTUAL SIZE

#### GNC QUALITY COMMITMENT

GNC, the leader in the development and manufacture of dietary supplements, is committed to producing the highest quality products available. This commitment begins with quality designed supplement formulations. Every raw material that goes into a GNC supplement is guaranteed as to quality and potency. Each product is dated and then shipped immediately to our stores, so you can be sure you are purchasing the freshest supplements available. At GNC, we extend our quality commitment to you by offering our money-back guarantee.

#### GNC GUARANTEE

Use any GNC supplement for as little as 10 days. If you are not 100% completely satisfied, return the unused portion of the product with proof of purchase to your GNC store for a complete refund of your purchase price. No questions asked!

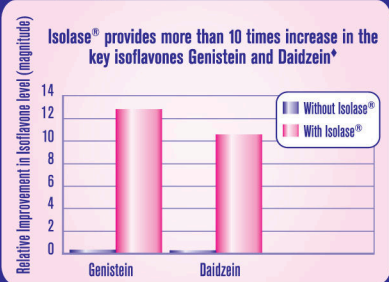


Please recycle this box.

## PHYTO-ESTROGEN FORMULA

As women age, the production of hormones change. During this time, changes in hormone levels may impact physiological changes such as mood swings, hot flashes and night sweats.

- Standardized soy isoflavones – Act as mild estrogens and may be helpful in providing support for the discomforts associated with menopause.\* Emerging research suggests that isoflavones also have the ability to help maintain bone density.\* The most recognizable isoflavones are genistein and daidzein.
- Isolase® – A patented enzyme system. Laboratory studies indicate that Isolase® is able to significantly increase the availability of soy isoflavones.\*



\*Based on laboratory studies combining 35 mg of Isolase® with 100 mg total isoflavones for 1 hr. The increase in the level of genistein and daidzein in each sample was then measured by high performance liquid chromatography (HPLC). A 12.8 fold increase in genistein and 10.5 fold increase in daidzein were observed.

- Black cohosh – A popular herb studied in German clinical trials and frequently recommended for hot flashes.\*
- Evening primrose oil (EPO) – A natural source of the omega-6 fatty acid, gamma-linolenic acid (GLA). GLA supports hormonal balance and helps to maintain smooth, healthy looking skin.\*
- Important vitamins and minerals – Including calcium, magnesium and vitamins B-6 and B-12.

To ensure a more complete nutritional program, be sure to include one of GNC's premium Women's Ultra Mega® multivitamin formulas to your daily regimen.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

GNC WOMEN'S



## PHYTO-ESTROGEN FORMULA

DIETARY SUPPLEMENT

For support of common  
menopause symptoms\*

- Non-GMO soy isoflavone extract
- Isolase® enzyme system for increased isoflavone availability\*
- Black cohosh extract
- Evening primrose oil
- B-vitamins & minerals

120 SOFTGEL CAPSULES

CODE 312921

DKG

Directions: As a dietary supplement, take two softgel capsules daily.

## Supplement Facts

Serving Size Two Capsules  
Servings Per Container 60

| Amount Per Serving                                                                                | % Daily Value |
|---------------------------------------------------------------------------------------------------|---------------|
| Calories                                                                                          | 15            |
| Calories from Fat                                                                                 | 15            |
| Total Fat                                                                                         | 1.5 g 2%†     |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                                                         | 50 mg 2500%   |
| Vitamin B-12 (as Cyanocobalamin)                                                                  | 100 mcg 1667% |
| Calcium (as Calcium Carbonate)                                                                    | 200 mg 20%    |
| Magnesium (as Magnesium Oxide)                                                                    | 100 mg 25%    |
| Evening Primrose Oil ( <i>Oenothera biennis</i> )                                                 | 300 mg *      |
| Black Cohosh Root Extract ( <i>Cimicifuga racemosa</i> )                                          | 40 mg *       |
| Soy Isoflavone Extract (From soy that has not been genetically modified) (40% Isoflavones = 50mg) | 125 mg *      |
| Isolase®                                                                                          | 35 mg *       |

†Percent Daily Value based on a 2000 calorie diet.

\*Daily Value not established.

**Other Ingredients:** Soybean Oil, Gelatin, Glycerin, Caramel Color, Titanium Dioxide (Natural Mineral Whitener).

**WARNING:** Consult your physician prior to using this product if you are pregnant, nursing, taking medication, or have a medical condition. Discontinue use two weeks prior to surgery.

Conforms to USP <2091> for weight.  
Meets USP <2040> disintegration.

No Sugar, No Artificial Flavors, No Preservatives, Sodium Free, No Gluten, No Dairy, Yeast Free.

**Isolase®** is a registered trademark of National Enzyme Company.