

ITEM #18545
B18545 00A

6

98138 18545

6

ACTUAL
SIZE



Biotin

7500 mcg

**Supports Healthy
Hair, Skin & Nails***

Dietary Supplement

50 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Biotin 7,500 mcg (as d-Biotin)	2,500%

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid, Vegetable Magnesium Stearate.

**No Gluten, No Yeast, No Wheat,
No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg,
No Corn, No Grapefruit, No Fish
No Sweetener, No Sugar, No Starch,
No Preservatives, No Artificial Color,
No Artificial Flavor, No Sodium.**

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Biotin supports the metabolism of carbohydrates, fats and proteins for energy use.* Biotin 7500 mcg is designed to provide ample amounts of this essential nutrient to maximize its benefits.* So no matter what type of healthy eating plan you follow, Biotin 7500 mcg is an excellent choice for nutritional support.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
800-544-0095 www.GOODNNATURAL.com © 2010 Good 'N Natural®