

This product contains NO yeast, wheat gluten, soy protein, milk/dairy, corn, sodium, starch, artificial coloring, preservatives or flavoring.

**  Trademark of Nutrition 21.

***Krebs = Citrate, Fumarate, Malate, Glutarate and Succinate Complex.

Suggested Usage: As a dietary supplement, children take 2 tablets daily or as directed by your healthcare professional.

Manufactured in the USA by:
Douglas Laboratories
600 Boyce Road
Pittsburgh, PA 15205 USA
www.douglaslabs.com
1.800.245.4440

KEEP OUT OF REACH OF CHILDREN.
For optimal storage conditions, store in a cool, dry place. (59°-77°F/15°-25°C) (35-65% relative humidity) Tamper resistant package, do not use if outer seal is missing.

Formula #99788



Vita-Kids™

A Children's Chewable / Multi-Vitamin & Mineral
Dietary Supplement



100 Tablets

Great Lemon-Lime Flavor!



Supplement Facts

Serving Size 2 bear-shaped tablets • Servings Per Container 50

Amount Per Serving	%DV†	Amount Per Serving	%DV†
Calories	8.5	Magnesium (from Magnesium Aspartate/Ascorbate Complex)	40 mg 10%
Total Carbohydrate	2.3 g <1%	Zinc (from Zinc Aspartate)	2 mg 13%
Sugars	1.9 g	Selenium.....	20 mcg 29%
Vitamin A	3,500 IU 70%	(from Selenium Amino Acid Chelate)	0.2 mg 10%
(29% as Vitamin A / 71% as natural beta-carotene)		Copper.....	2 mg 100%
Vitamin C (Corn Free)	250 mg 417%	(from Copper Amino Acid Chelate)	
Vitamin D-3.....	200 IU 50%	Manganese.....	2 mg 100%
Vitamin E	30 IU 100%	(from Manganese Amino Acid Chelate)	
(as d-alpha Tocopheryl Succinate and mixed tocopherols including alpha, beta, delta and gamma tocopherols)		Chromium <i>chromax</i> **	40 mcg 33%
Thiamine.....	3 mg 200%	(from Chromium Picolinate)	
Riboflavin.....	1.7 mg 100%	Molybdenum	5 mcg 7%
Niacinamide/Niacin.....	25 mg 125%	(from Molybdenum Amino Acid Chelate)	
Vitamin B-6.....	2 mg 100%	Potassium	10 mg <1%
Folic Acid	400 mcg 100%	(from Potassium Aspartate Complex)	
Vitamin B-12.....	6 mcg 100%	Citrus Bioflavonoids.....	10 mg *
Biotin	300 mcg 100%	Boron (from Boron Citrate Complex)	20 mcg *
Pantothenic Acid.....	12 mg 120%	Vanadium.....	3 mcg *
Calcium (from Calcium Citrate/Ascorbate Complex)	125 mg 13%	(from Vanadium Krebs ***)	
Iodine (from Kelp)	15 mcg 10%	Choline (from choline bitartrate)	40 mg *

†Percent Daily Values are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: Fructose, ascorbyl palmitate, cellulose, sorbitol, citric acid and natural lemon/lime flavor.