

ITEM #520
B520 05F



ACTUAL
SIZE



Taurine

500 mg

**Promotes
Muscle Function***

Dietary Supplement

50 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Taurine (as L-Taurine)	500 mg **

**Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Vegetable Stearic Acid, Hypromellose, Silica, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Corn, No Grapefruit, No Fish, No Sweetener, No Sugar, No Starch, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Directions: For adults, take one (1) tablet two times daily, preferably with meals.

L-Taurine, one of 20 amino acids (protein building blocks), is the most abundant free amino acid in the cardiac and skeletal muscle, platelets and the developing central nervous system. L-Taurine can also be found in the brain, retina of the eyes and the skeleton. Among its many functions, L-Taurine plays a role in the anabolic processes in the muscle, supporting muscle function.*

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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