

ITEM #3260
B3260 091



ACTUAL
SIZE



Calm Tabs®*

Supports Relaxation*

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 4 Tablets
Servings Per Container 25

Amount Per Serving	%Daily Value	
Valerian Extract 4:1 (<i>Valeriana officinalis</i>) (root) (equivalent to 258 mg Valerian Root)	64.5 mg	**
Passion Flower Extract 4:1 (<i>Passiflora incarnata</i>) (equivalent to 258 mg Passion Flower)	64.5 mg	**
Celery Seed Extract 6:1 (<i>Apium graveolens</i>) (equivalent to 258 mg Celery Seed)	43 mg	**
Catnip Leaf (<i>Nepeta cataria</i>) (aerial)	258 mg	**
Hops Flower Extract 10:1 (<i>Humulus lupulus</i>) (equivalent to 129 mg Hops Flower)	12.9 mg	**
Orange Peel Extract 4:1 (<i>Citrus sinensis</i>) (equivalent to 129 mg Orange Peel)	32.2 mg	**

**Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Vegetable Cellulose, Silica, Vegetable Magnesium Stearate.

Directions: For adults, take two (2) to four (4) tablets one hour before bedtime or when you want to relax, as needed.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Fish, No Sweetener, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

With the stresses of everyday life, it is nice to come home to a relaxing, tranquil evening. CALM TABS® is a unique blend of over five herbal ingredients, including Valerian and Hops, that can complement a restful night, especially after a long, tension-filled day.* Use before bedtime or when you want an herbal supplement to support relaxation.*

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Excessive consumption may impair ability to drive a motor vehicle or operate heavy equipment. Not intended for use by persons under the age of 18. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
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