

ITEM #19405
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ACTUAL SIZE



Fish Oil

1000 mg

Plus

Vitamin D3

1000 IU

**Promotes Heart, Immune
& Bone Health***

Purified to Eliminate Mercury

Dietary Supplement

**90 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value	
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%**
Cholesterol	5 mg	2%
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Fish Oil	1,000 mg (1 g)	***
provides 300 mg of Total Omega-3 Fatty Acids† comprising of:		***
EPA (Eicosapentaenoic Acid)		***
DHA (Docosahexaenoic Acid)		***
Other Fatty Acids		***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Other Ingredients: Gelatin, Vegetable Glycerin, Natural Caramel Color, Mixed Natural Tocopherols.

Contains fish (anchovy, mackerel, sardine) ingredients.

†As Natural Triglycerides

**No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Egg, No Grapefruit, No Shellfish,
No Sweetener, No Sugar, No Starch, No Preservatives,
No Artificial Flavor, No Sodium.**

***These statements have not been evaluated by the FDA.
This product is not intended to diagnose, treat, cure or
prevent any disease.**

Directions: For adults, take one (1) softgel one to three times daily, preferably with meals.

EPA and DHA are two essential fatty acids that help promote heart and circulatory health.* Our beneficial formula also contains Vitamin D3 to assist in maintaining bone health and a healthy immune system.* Vitamin D3 is a potent and active form of Vitamin D.

WARNING: If you are pregnant, nursing, taking medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Molecularly distilled to remove Mercury, PCBs and other heavy metal contaminants.

Manufactured by Good 'N Natural, Bohemia, NY 11716 USA
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