

ITEM #19935
B19934 01A



Vitamin D3 1000 IU

**Promotes Bone &
Immune System Health***

Dietary Supplement

**100 RAPID RELEASE
SOFTGELS**



Supplement Facts

Serving Size 1 Softgel

Amount Per Serving %Daily Value

Vitamin D 1,000 IU 250%
(as D3 Cholecalciferol)

Other Ingredients: Soybean Oil,
Gelatin, Vegetable Glycerin, Corn
Oil.

**No Gluten, No Yeast,
No Wheat, No Milk or Milk
Derivatives, No Lactose,
No Egg, No Grapefruit,
No Fish, No Sweetener,
No Sugar, No Starch,
No Preservatives,
No Artificial Color,
No Artificial Flavor,
No Sodium.**

***These statements have not been
evaluated by the FDA. This product is
not intended to diagnose, treat, cure or
prevent any disease.**

Directions: For adults, take one
(1) to two (2) softgels daily,
preferably with a meal.

**Vitamin D helps promote healthy
bones and teeth and plays a role
in the maintenance of calcium
and phosphorus levels in the
blood.* This high-potency Vitamin
D supplement also assists in
maintaining a healthy immune
system.* Supplementing with
Vitamin D3 1000 IU is an easy
and convenient way to increase
your daily Vitamin D intake.**

WARNING: If you are pregnant, nursing or taking any
medications, consult your doctor before use. Discontinue
use and consult your doctor if any adverse reactions occur.
Keep out of reach of children. Store in a cool, dry place. Do
not use if seal under cap is broken or missing.

Manufactured by Good 'N Natural, Bohemia, NY 11716 USA
800-544-0095 www.GOODNNATURAL.com © 2011 Good 'N Natural



ACTUAL SIZE