

ITEM #313
B310 07F



Dolomite 600 mg Calcium & Magnesium

Promotes Bone Health*

Dietary Supplement

250 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value	
Calcium (as Dolomite)	132 mg	13%
Magnesium (as Dolomite)	72 mg	18%

Other Ingredients: Vegetable Cellulose, Acacia Gum, Vegetable Stearic Acid.

No Gluten, No Wheat, No Milk or Milk Derivatives,
No Lactose, No Soy, No Egg, No Corn,
No Grapefruit, No Fish, No Sweetener, No Sugar,
No Starch, No Preservatives, No Artificial Color,
No Artificial Flavor, No Sodium.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Directions: For adults, take one (1) tablet three times daily, preferably after each meal.

Bone health can be dependent on many factors including heredity, diet, exercise and lifestyle. Calcium is the primary mineral responsible for strong bones.* The body also uses Calcium for proper muscle contraction and nerve function - and obtains this Calcium mainly from the bones.* Because the body cannot produce Calcium, a balanced diet, regular exercise, healthy lifestyle choices and adequate intake of Calcium can play a role in maintaining optimal bone health.*

In addition, Calcium and Magnesium play essential roles in maintaining proper bone mineralization.* Both essential minerals are involved in supporting optimal muscle contractions and healthy nerve impulses.*

Manufactured by Good 'N Natural®, Bohemia, NY 11716 USA
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