

ITEM #3140
B3140 09H



ACTUAL
SIZE



C-Complex 1000 mg

Promotes
Immune System Health*

Dietary Supplement

100 TABLETS



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	%Daily Value
Vitamin C (as Ascorbic Acid and Rose Hips (<i>Rosa canina</i>) (fruit))	1,000 mg (1 g)1,667%
Citrus Bioflavonoid (<i>Citrus sinensis</i>) (fruit)	100 mg**
Rutin	50 mg**
Hesperidin Complex (<i>Citrus spp.</i>) (fruit)	25 mg**
Acerola (<i>Malpighia punicifolia</i>) (fruit)	1 mg**
Alfalfa (<i>Medicago sativa</i>) (aerial)	1 mg**
Barley Grass (<i>Hordeum vulgare</i>) (aerial)	1 mg**

**Daily Value not established.

Other Ingredients: Vegetable Cellulose, Silica, Vegetable Stearic Acid, Dicalcium Phosphate, Vegetable Magnesium Stearate.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Soy, No Egg, No Grapefruit, No Fish, No Sweetener, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

Directions: For adults, take one (1) to two (2) tablets daily, preferably with meals.

Vitamin C plays an important role in supporting a healthy immune system.* It is one of the best antioxidants for fighting free radicals, which can lead to oxidative stress and the premature aging of cells.* Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

WARNING: If you are pregnant, nursing or taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store in a cool, dry place. Do not use if seal under cap is broken or missing.

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