

Peel Here
for more information

Do Not Eat Freshness Packet. Keep in Bottle.

Vcaps® is a registered trademark of Capsugel/Vegan Formula.

Bioperine® is a registered trademark of Sabinsa Corporation.

Made in the U.S.A. www.protocolforlife.com

Manufactured by NHG, P.O. Box 2203, Sparks, NV 89431

Other ingredients: Cellulose (capsule), Cellulose, Silica and Magnesium Stearate (vegetable source).

† Daily Value not established.

	Amount Per Serving	% Daily Value
Alpha-Lipoic Acid	600 mg	†
Grape Seed (Vitis vinifera)	30 mg	†
Standardized Extract (min. 90% Polyphenols)	5 mg	†
Bioperine®		

Supplement Facts

Serving Size 1 Vcap®



PROTOCOL
FOR LIFE BALANCE™

Alpha-Lipoic Acid

600 mg

- Highest Potency
- With Grape Seed Extract & Bioperine®

10% of profits donated for health research

60Vcaps®

A Dietary Supplement Vegetarian Formula

SUGGESTED USAGE: As a dietary supplement, take 1 Vcap® daily, preferably with meals.

Alpha-Lipoic Acid (ALA) is an antioxidant that is naturally manufactured in the human body. ALA has been called the "universal antioxidant" because of its versatility—it helps deactivate an unusually wide array of cell-damaging free radicals in our diet and cell environments. ALA works in the mitochondria, the cellular power plant, to help produce energy for them and making them much more effective. Beyond its direct antioxidant function, ALA helps to boost glutathione levels.* Glutathione possesses its own antioxidant activities and is a critical component in cellular and hepatic detoxification mechanisms.* ALA is also necessary for healthy glucose uptake and utilization, thereby helping to support healthy carbohydrate metabolism. ALA also helps support healthy nerve activity in the brain. It has protective effects on brain and nerve tissue.

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

Contains no sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, eggs, shellfish or preservatives. Store in a cool, dry place. Please Recycle.



CODE P3046

V2

Alpha-Lipoic acid (ALA) is a potent antioxidant that plays a critical role in "renewing" free radicals, which cause damage to cells and even speed up the aging process. Because ALA can function both in the water and lipid components of the cell, it has been called "the universal antioxidant."

In addition, ALA plays a key role in maintaining the body's antioxidant defense. Because it has been found to help replenish Vitamin C and glutathione (crucial for cellular health and liver detoxification), it is therefore important in the body's ability to remove it, and is some material safely, ALA also helps to recycle Vitamin E.*

Finally, ALA helps to promote cellular and muscular energy production by making it a co-enzyme in the metabolic breakdown of sugars. ALA is therefore an important nutrient for the support of healthy glucose and insulin utilization by the cell.

Cautions and Interactions

Blood glucose levels and thyroid function tests should be monitored closely in people taking thyroid hormones who are also taking Alpha-Lipoic Acid. Also, because it may affect insulin sensitivity, blood glucose levels should be monitored closely when Alpha-Lipoic Acid supplement is added to diabetes treatment regimens. In addition, Alpha-Lipoic Acid supplementation may increase the requirement for biotin in humans.

Alpha-Lipoic acid may affect the body's metabolism of certain medications, including Captopril and Cyclophosphamide.

Guaranteed Quality

This is an FDA-registered dietary supplement that is produced in an FDA- and third party-inspected facility. We are certified for producing dietary supplements and USDA Organic products using Good Manufacturing Practices (GMP). All ingredients are quality tested to meet or exceed specifications. Our quality team goes above and beyond standard quality control to ensure the safety and efficacy of this supplement. We utilize advanced analytical and microbiological testing methods, with capabilities that are state-of-the-art and exceed basic lab requirements.

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This product contains an AgNess® anti-oxygen packet to enhance protection during storage.